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Big Catch At St. Theresa Feast Olivia Gonzalez poses with her prizes at the St. Theresa Feast on Friday, July 24. For more photos from the festival see page 47. Photo by Laura Stone

AMVETS NEED REPAIR MONEY Bendetto calls on state to release Sandy funds

BY PATRICK ROCCHIO AND ROBERT WIRSING

A local elected official is demanding the state release much-needed funds to repair a waterfront veteran's post.

Assemblyman Michael Benedetto called a press conference on Wednesday, July 22 to call attention to a delay in \$50,000 in state funds through the Dormitory Authority of the State of New York to the Corporal Walter J. Fufidio AMVETS Post #38.

At the news conference, surto rebuild their post on 1440

Shore Drive which was damaged by Superstorm Sandy, Benedetto said that DASNY drags its heels on the money he allocated to AMVETS Post 38 and other projects funded through DASNY.

"The Dormitory Authority of the State of New York systemically delays virtually all grants assigned to them to disperse," said Benedetto. "Under the guise of oversight DASNY continually will request more and more paperwork and more and more documentarounded by veterans who need tion before the grants begin to get awarded."

DASNY reported it notified the Assembly Ways and Means Committee on the same day as the press conference that it had concluded its review and the grant will move into the approval stage.

The post is currently a darkened facility lacking utilities, with a scarred staircase leading up from the first floor to the second and a community room with missing ceiling tiles.

They veterans explained that the Category 3 major hurricane had torn through the Continued on Page 53

Native American artifacts discovered

BY STEVEN GOODSTEIN

A recent archeological discovery in a Bronx park has the potential to be one of the most important historical finds in the city's history.

during the construction of the Pelham Bay Waterfront Deto improve pedestrian water-

front access.

Over 100 pieces of Native American artifacts where found and it is believed that they could be 1,800 years old.

According to the Land-The recent discovery in marks Preservation Com-Pelham Bay Park occurred mission, the site was a multicomponent Middle Woodland Native American semi-permavelopment Project, a project nent encampment for resource gathering and processing,

food preparation and stone tool refinement.

It is not yet known which Native American tribe or tribes are connected to the artifacts, which include ceramics, pottery and stone tools, among other findings.

However, according to Friends of Pelham Bay Park president Lizbeth Gonzalez, Continued on Page 53

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Vacca team cleans abondoned property

BY ROBERT WIRSING

A poorly maintained property which once served the Pelham Gardens community as a podiatrist office received some much needed grounds keeping this week.

According to Community Board 11, Dr. Robert Piccora once operated his practice from the location, 1515 Waring Avenue.

According to both CB 11 and published reports, Piccora passed away on February 28, 2010 at the age of 57. Since then, the property has been left unsightly.

The board brought this issue to Councilman James Vacca's attention who did some further investigation into the matter.

Councilman Vacca said he had contacted an attorney at Deutsche Bank who explained that the property is currently owned by the late doctor's wife and others, but it is in the process of foreclosure.

"When a property goes through a foreclosure process, there is generally a lag in the process," Vacca noted.

Starting this Tuesday, July

28, Councilman Vacca and Fedcap workers converged upon 1515 Waring Avenue removing weeds, cutting the grass and cleaning th front of the property.

Vacca added that they would address the side and back yards the following day.

"We try to keep a high standard for properties in our communities," the councilman said. "The grounds at 1515 Waring Avenue were not being maintained at all and rather than wait, we decided to take action. Neighbors should not have to live next to an eyesore like this."

Fedcap is a non-profit organization located throughout the tri-state area providing jobs assistance to people with physical disabilities, conviction histories, veterans and others who face employment obstacles.

Councilman Vacca said this is the second year he has providing funding for this group which works on general community cleanups such as graffiti removal and property maintenance.

The 2,850 square foot prop-



Councilman Vacca (c) and Fedcap workers helped clean up 1515 Waring Avenue this week.

Photo courtesy of Councilman James Vacca's Office

erty is a residential and commercial 2-story building.

It was issued a notice of violation by the New York Department of Sanitation on Tuesday, July 21 after a sanitation inspector observed paper, litter, old leaves, high weeds on the sidewalk, front yard and the property's driveway.

According to a DSNY

recent DSNY-related 311 complaints for 1515 Waring Avenue on file.

In the past six months, Senator Jeff Klein's office had put in numerous calls to DSNY regarding this location.

He used the property as a backdrop during an April press conference highlighting home foreclosures that have spokeswoman, there were no fallen into disrepair due to

lack of maintenance.

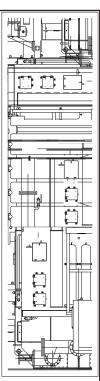
"Cleaning up our neighborhoods and ensuring they remain a safe place to live and raise a family is critically important and that's why I sponsored legislation in the state Senate aimed at stemming the tide of abandoned homes and holding lenders responsible for maintaining properties," Klein said.

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around iown by Patrick Rocchio

BY PATRICK ROCCHIO

The Bronx Times Reporter will publish your announcements. Send announcements along with photo, to: Bronx Times Reporter, 3604 E. Tremont Avenue, or e-mail Bronxtimes@aol.com. Please include a phone number or a way to contact you in case of questions.

Bill Twomey remembered Former Bronx Times columnist and local historian, the late William 'Bill' **Twomey**, will have a street

named after him near where

he lived in Throggs Neck, according to Councilman James Vacca.

Twomey wrote over 1,000 Do You Remember? columns for the Bronx Times Reporter, as well as authoring nine books, said Vacca. He was the founder of the East Bronx History Forum, the councilman said.

Bill was a fixture in the Bronx, because he, along with John McNamara were really the Bronx historians. They researched so much about Bronx history and they had



pected to sign off on the bill, part of a larger package of conaming legislation the council passes roughly every six months.

The street co-naming, for an as yet unspecified date,

will be at the corner of corner of Revere Avenue and Dill Place.

Twomey was actively involved in St. Frances de Chantal Parish, the St. Frances Sea Cadets, and numerous Bronx organizations.

Birth Announcement A nearby hospital reports that Michael Anthony Hernandez, of Soundview, was born on Friday, July 10.





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Photo courtesy of the Twomey family



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Nancy Kheck, from City Island Gold, gave a presentation about bees and honey to youngsters at the Bartow-Pell Mansion Museum camp. Community News Group / Jaime Williams

Bartow-Pell camp offers outdoor adventures for kids

BY JAIME WILLIAMS

Adventure abounds during the summer at the Bartow-Pell Mansion Museum.

For three weeks each summer, the BBMM Adventures camp gets kids outside and learning about their environment through a series of fun activities.

The camp has a focus on nature, hands on lessons and 'do-it-yourself' activities, said Bartow-Pell director Ellen Bruzelius.

Much of the programming revolves around the Children's Garden built on the property five years ago, after which the camp was developed.

Campers from the Bronx and lower Westchester have unique opportunities, like learning about honey bees from a local beekeeper.

On July 27, the campers were visited by Dr. Nancy Kheck, who with her husband Dr. Patrick Gannon, produces City Island Gold honey.

She taught the kids about how the honey is produced and extracted, about the highly organized social structure of honey bees, and about how important the diminishing bee population is to agricultural production through the process of pollination.

"The bee keeping and gardening is symbiotic," said Kheck. "It's important for them to know how it all fits together."

Kids are more open than adults to ideas about environmental conservation, said Bruzelius, and the camp's nature focus through hiking, outdoor lessons and gardening is an opportunity to make the environment relevant to the kids.

"It's a great way to make it real and not abstract," she said.

And it doesn't hurt that the kids get a real kick out of the lessons and the opportunities to get their hands dirty.

"I like picking stuff in the gar-

den, it's all fresh," said camper Jonah Sherbansky, who added that he also loves the cooking lessons that use the produce they harvest.

At the end of the week, the campers host a mock farmers market for their parents, where they proudly show off the food they helped grow.

"Everyone has a smile on their face at the farmer's market," said Bruzelius

This year, food grown in the Children's Garden is being donated to the soup kitchen and food pantry at St. Peter's in Westchester Square, where some members of the Bartow family are buried.

Other activities include a visit by a horse, a lesson about the Native American's who lived in the area, and tours of the Mansion Museum. While a lot of the focus is on the outdoors, history also plays an important role in the programming, said Bruzelius.

"History is critical to develop a sense of our world," she said.

And although some of the lessons could be taught in school, the non-academic context means kids are absorbing the information when they engage in the activities at camp.

"They're learning it in a very relaxed environment and in a very hands on fashion," said Bruzelius.

The camp was developed a few years ago after the building of the Children's Garden, and is now a supplement to the school programming during the academic year. The museum has gotten great feedback from both kids and parents about the programming, who often decide to attend more than one of the week-long sessions.

"I think it's been a really important addition to our offerings here," said Bruzelius.

For more information about Bartow-Pell, visit www.bartowpellmansionmuseum.org.

6

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- and much more!

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BRONX TIMES REPORTER, JULY 31-AUG. 6, 2015

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World class aerosol artists create mural

BY PATRICK ROCCHIO

A group of world-renowned graffiti artists, many of whom are Bronx natives, painted a huge mural celebrating the best of the Soundview community recently.

Located at Morrison and Soundview avenues, the mural features images of notable people from the community like U.S. Supreme Court Justice Sonia Sotomayor and hip-hop pioneer Afrika Bambaataa, as well as scenes from the vibrant neighborhood like a shaved ice vendor in summer and the Whitlock Avenue train station.

Community Board 9 helped arrange a National Association of Relators® financial grant for the project, and Bronx-based graffiti artists turned professional muralists,TATS CRU, and other 'aerosol artists' donated their creative services.

According to William Rivera, CB 9 district manager, the effort's leaders have reached out to Justice Sotomayor to see if she can be a part of a dedication ceremony for the mural.

Congressman Jose Serrano

is providing assistance with the matter, he said.

"We would like to have a dedication sometime in the next month," said Rivera, adding that ideally he would like to see Justice Sotomayor unveil the mural the day of the Morrison Avenue Festival on Saturday, August 15.

"The street they close off is where the mural is located," the district manager said. "It would be perfect to have her come during the festival and do the unveiling...if not, we will have to do it another day."

For Alfredo Oyague, one of the artists who participated in painting the mural and who goes by the name 'Per One,' said that he was proud to help arrange the donation by TATS CRU, whose murals can sometimes cost art lovers in the high six figures.

The mural features flags of different Latin-American countries whose descendants call the community home, as well as scenes with children playing hop scotch that should be familiar to the people in the neighborhood, he explained.



Members of TATS CRU and other artists at the mural's site. Photo courtesy of William Rivera/CB9

"The mural represents Soundview and our community," said Oyague of the mural. "Instead of us doing a wall with our names, we decided to do something to give back."

Eliezer Rodriguez, executive officer of the Bronx-Manhattan North Association of Realtors, said that he thought the \$2,200 Place-Making Micro-Grant would be a sound investment in Soundview.

"It is an area that is up and coming, and we want to make it vibrant for the people who live and work there," said Rodriguez, adding "It is going to make people look up and feel good about that community."

Among the TATS CRU artists who worked on different parts of the mural were: Tone 163, Bio, Nicer, BG 183 and Pretty Tone 163.

They were joined by Crash from Wallworks Gallery and CES, Per One and Dero from FX Crew.

The mural is part of ongoing efforts to beautify the Soundview community, said Rivera, and there might be more murals planned nearby.



This is a sneak peek at the mural depicting facets of life in Soundview and the history of the community.

Photo courtesy of William Rivera/Community Board 9



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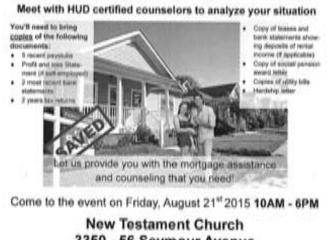


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40th PCT.

Thursday, July 23, 8:40 a.m. — Police responded to a 911 call for aid in front of 650 Westchester Avenue. Officers observed a male with a gunshot wound to the head. The victim was pronounced deceased.

41st PCT.

Friday, July 24, 9:44 p.m. — In front of 985 Simpson Sreet., the suspect discharged a firearm and struck a 14-year old male victim in the left arm and then fled. The victim was taken Lincoln Hospital where he was treated and released. A 16-year old suspect was arrested and charged with assault.

44th PCT.

Thursday, July 23, 4:09 p.m. — Police responded to a 911 call at 1555 Grand Concourse. Officers observed two males, unconscious and unresponsive. EMS pronounced both victims deceased at the scene.

46th PCT. Sunday, July 19, 3:30 a.m. — In front of 1915 Anthony Avenue, police responded to a 911 call of a male assaulted. Officers discovered a 17-year-old male victim with a gunshot wound to his right leg. EMS transported the victim to St. Barnabus Hospital, where he has since been treated and released.

48th PCT.

Sunday, July 19, 12:48 a.m. — Police responded to a 911 call of a male shot at 2081 Vyse Avenue. Plice observed a 20-year old male with gunshot wounds to the torso. EMS transported the male to St. Barnabus Hospital, where he was pronounced deceased. A 27-year old suspect was arrested in connection with the crime.

50th PCT.

Saturday, July 18, 4:20 p.m. — A 23year old male victim was involved in a verbal dispute with the suspects in front of 2690 University Avenue when one of the suspects stabbed the victim in the back. The suspects fled the scene. The victim refused medical attention at the scene.

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Hail Uber!

Dear editor,

Our progressive mayor in a naked attempt at repayment to the taxi cartel that contributed heavily in getting him elected, and has been funding our career politicians, especially Democrats, for generations, got a well-deserved 'black eye' not only from Uber but also America's remarkably innovative free market.

Mayor de Blasio and the City Council, so as not to forestall and ideological doubts about where their loyalties lay, even played the Walmart card implying Uber, like Walmart, is an enemy of consumers and the middle class.

Boy did that back fire. The 'progressive' City Council withdrew the livery bill after receiving a torrent of criticism from city Dems who saw their constituents potentially losing jobs, city controller Scott Stringer, the Bronx and Brooklyn borough presidents and most devastatingly Governor Cuomo

Cuomo called Uber "one of these great inventions, startups, of this new economy. It's offering a great service for people, and its giving people jobs. I don't think government should be in the business of trying to restrict job growth." Wow, and that's advice from a Democrat!

Why doesn't the mayor and city council members take the governor's advice and act truly progressive? It's past time for Walmart, the nation's largest private employer to start building stores in NYC. bringing much needed jobs to the five boroughs and giving our chronic unemployed a shot at earning a living.

Carl J. Cannizzaro

A better option

Dear editor,

Regarding the column 'When Ending Your Own Life is Not Suicide,' Lenore Skenazy. Ms. Skenazy presents two choices for the terminally ill - "agony" or "aid in dying." She leaves out the humane choice - palliative care. Properly trained doctors can relieve nearly all pain. Hospice helps people prepare for death with true dignity - meeting death in the presence of loved ones. Aid in dying is a fake quick fix. You never help the suffering by killing them.

Peter Pilsner

Bad agreement

Dear editor,

The nuclear deal between Iran and the United States in the long run will be detrimental to the survival of Israel. It is still not a done deal. Providing Iran with 24 day advance notification for inspection of potential violations is ludicrous.

Congress has 60 days to review and concur. President Obama in his usual arrogant way has already said he will veto any votes by Congress to cancel the deal. It will require the votes of 67 Senators out of 100 to overturn any Presidential veto. Likewise in the House, it would require 290 Congress members out of 435 to do the same.

Assuming all 54 Republican Senators object to the deal, Diogenes will be searching for 13 Democratic Senators to come up with the magic number of 67. Democratic Senate minority leader Harry Reid from Nevada wants to make his self appointed heir New York's Senator Charles Schumer Majority Leader when the 2017 session convenes. This means that he can protect up to 12 Senators who are concerned about being reelected in 2016 or 2018 with a wink and a nod to stand with Israel and vote against fellow Democrat President Obama.

Will senators Schumer and Gillibrand be profiles in courage and vote against this disastrous deal? Neither has ever been bashful about speaking their mind in front of a camera or microphone. Will Senator Schumer stand up and fight for Israel by seriously lobbying his fellow Democrats to insure 13 or more defect from the President and vote against the deal and kill it? It may mean Schumer choosing between becoming Senate Majority leader (by incurring the vengeful wrath of President Obama) and standing with friends of Israel. Reid wants to protect members in potentially competitive districts in 2016 from a pro-Israel Democratic Primary or Republican General Election challenger.

Assuming all 246 GOP Congressmembers vote against the deal, Diogenes will be searching for 44 Democratic Congress members to come up with the magic number of 290. Democratic House Minority leader Congress member Nancy Pelosi will pull the same parlor trick as her Democratic Senate counterpart Harry Reid.

With her own wink and a

nod, she will allow up to 43 Democratic Congress members to vote against the President. Pelosi also wants to protect members in potentially competitive districts from a pro-Israel Democratic Primary or Republican General Election challenger.

Friends of Israel who are Democrats should withhold campaign donations to any Democratic Presidential candidate such as former Senator and Secretary of State Hillary Clinton who support this deal. Do the same with your local Democratic Congress member along with any fund raising letters from the Democratic Party National Committee, Senate or Congressional Committees as well.

President wannabe Hillary Clinton has endorsed this deal. She no longer deserves your support. The same should be true with senators Schumer and Gillibrand along with Congressmembers Eliot Engel, Joseph Crowley and all other members of the New York State Democratic Party Congressional delegation if they lack the moral courage to stand with Israel in this defining moment in history.

Punish any potential Presidential. Senate or House of Representative candidate between now and 2016 with your check book and ballot who don't support Israel.

Future generations may speak of former President Obama, as our ancestors did of Neville Chamberlain. President Obama is kicking the can down the road for a future administration to deal with.

Larry Penner



Letters to the editor are welcome from all readers.

They should be addressed care of this newspaper to Laura Guerriero, Publisher, the Bronx Times Reporter, 3604 E. Tremont Ave., Bronx, NY 10465, or e-mail to bronxtimes@cnglocal. com

All letters, including those submitted via e-mail, MUST be signed and with a verifiable address and telephone number included.

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No unsigned letters can be accepted for publication. The editor reserves the right to edit all submissions.

BTR

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Mount St. Michael alum appointed president, CEO

BY ROBERT WIRSING

As the new school year draws near, a Mount St. Michael Academy graduate will now serve as his alma mater's president

This past May, the MSMA Board of Trustees named Peter Corritori, Jr. as the school's next president and chief executive officer, which became effective on Wednesday, July 1.

Corritori, a Class of 1971 alum, succeeds Dr. Anthony Miserandino who retired at the end of this past school year.

Appointed in 2006, Dr. Miserandino will now serve as a visiting research scholar at Oxford University in the fall

A second generation Italian American, Corritori, was born and raised in Pelham Bay before moving to White Plains where he currently resides.

He attended Baruch College where he earned his Bachelor of Business Administration degree in marketing and completed his graduate work at Pace University.

Corritori has served on the Mount's school board for the past four years

and has been a highly successful se- rollment totals approximately 180 nior executive having served as chairman, CEO, president and director of several corporations including Clarity Imaging Technologies, Inc.; Florsheim Group and Badanco Luggage among many others.

Under his leadership, these companies expanded their customer base in addition to developing a strong bottom line

With his extensive business experience, Corritori's responsibilities will focus upon the school's strategic marketing and financial operations to ensure the school's mission in providing young men a Catholic, college preparatory education which fosters each student's unique potential for personal excellence and strives to help each student develop in maturity as healthy, well-rounded, service oriented leaders.

He added the graduating class of 2015 composed of nearly 160 students had a 100% college acceptance rate and so far 96% of these students will be starting college this fall.

The incoming freshman class' en-

students, the largest in last five to six years, Corritori noted.

Working in conjunction with principal Br. Steve Schlitte, both Corritori and Br. Schlitte seek to provide a strong combination of financial and academic leadership to Mount St. Michael Academy students.

"I'm very much looking forward to working with Peter Corritori as president of Mount St. Michael Academy," Br. Schlitte said. "As a graduate of the class of 1971, he brings to our school a passion for the mission."

He added, "His background in business will be beneficial for the school. This year, we've seen an increase in enrollment and I believe we are poised to grow even more. I look forward to Mr. Corritori's expertise in helping us to grow even more in the future."

As a Mount St. Michael Academy alum, Corritori looks back fondly at the time he once spent as a student and sees his position as president as a means of "paying it forward" by providing students with the same level of education he attributes to his success.



Peter Corritori was recently appointed to serve as Mount St. Michael Academy's new president and chief executive officer.

Photo courtesy of Peter Corritori

"I thoroughly enjoyed the four years I spent here as a student and the education I received here has had a meaningful effect on both my personal and professional life," Corritori expressed.

"Educating our students is our first priority. As president, I'm tasked with responsibility to make sure we have enough assets to accomplish this mission." he added.

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Books collected for young patients

BY JAIME WILLIAMS

The Jacobi Medical Center Auxiliary is working to make its young patient's stays a little easier.

Just over a year ago, the auxiliary began collecting books to distribute to kids during their time at the hospital, and with the help of local schools, they've collected more than 10,000 books so far.

Leading the effort is the vice president of Jacobi's Auxilary, Peggy Vega, who said that getting kids reading has always been a pet cause for her.

"Jacobi sees thousands of kids a year," she said.

The hospital distributes the books to the patients, who in addition to reading them while waiting for a doctor or receiving treatment, are also able to take that book home with them.

The program has been well received, she said, and the books go very quickly.

To help with the project, Vega enlisted local schools, including the Catholic schools under the leadership of regional superintendent Roseann Carotenuto.

"She was very enthusiastic about it," Vega said about Carotenuto.

The superintendent reached out to her principals, who responded well to the idea.



Tyreem Gardner, a patient at Jacobi Medical Center, reads a book provided by Jacobi's Auxilary book drive, which has already provided more that 10,000 books for children at the hospital to read and take home. Photo courtesy of Jacobi Medical Center

board.'

The program was a win all around, she said allowing the principals and teachers to clean out their libraries to

"It took off," she said. "We all got on make room for new books, while ensuring that the old ones were put to good use. Some schools also reached out to parents to donate the books their kids no longer read.

The books are an opportunity to soften the kids stay in the hospital, said Carotenuto, and also gets them reading outside of school.

She wants kids to learn to love reading, and the only way that will happen is if they're given the chance to read books that they find interesting and engaging.

"Once you capture their heart you capture their mind," said Carotenuto.

She's grateful to Jacobi for involving her schools in the program.

"Service to others is so much a part of what we try to teach our children," said Carotenuto.

The auxiliary will continue to work with local schools and partners in the coming year to collect books for patients, said Vega.

"We want to make this an ongoing project," she said.

Book donations have come from Holy Rosary School, St. Nicholas of Tolentine School, Santa Maria School, St. Francis of Assisi School, Our Lady of Grace School, St. Helena's School, Villa Maria Academy, P.S. 175, P.S. 71 and Assemblyman Mike Benedetto's Office, among other places.

Those interested in donating books can email the auxiliary at jmcauxiliary@nbhn.net.

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Photo courtesy of Berto Colon

Netflix' hit'Orange,' stars a Bronx native

BY PATRICK ROCCHIO

An actor with ties to Throggs Neck is staring in one of Netflix's most popular series.

Throggs Neck native Berto Colon plays 'Ceasar' in Orange is the New Black, a drama about women in prison and the people in their lives.

Colon, a former football player at Lehman High School, and a graduate of Fordham University and I.S. 192, says that he continues to have close friends in the borough.

"Growing up in the Bronx, there was never a dull moment," he said, adding that it was a good place to grow up and that you had to grow up fast.

He migrated to the states in the 1980s as a child from his native Puerto Rico, settling in the Bronx in the mid-1980s after his mother landed a job at the Veterans Administration in New York City.

He said that some of the things he remembers about life in the borough were block parties; and a graduation party he had upon completing his high school education.

Playing football at Lehman was certainly an anchor of his time growing up in the borough, he indicated.

"Playing football at Lehman High School was probably the best memory," he said, adding that he also fondly recalls outings in Ferry Point Park, riding a mountain bike at Orchard Beach and his dirt bike as a teenager.

On Orange is the New Black, he plays a drug dealer who is involved with two of the prisoners

The first is Aleida, an inmate who deals drugs on his behalf and takes the rap for him.

After she is incarcerated, her transgender characters.

daughter, a character named Daya, becomes his new flame.

In real life, Colon is married to his college sweetheart Lara and has two daughters, Sofia and Laila.

According to the film and television information site IMDb he has also stared in television shows like Made in Jersey, NYC 22 and Blue Bloods on CBS and Nurse Jackie on Showtime. He has appeared in numerous films including, 2013's Two Night Stand.

"I have been very lucky," he said of his career. "I have been out there (in the field) for a long time and the work has been steadily and progressively growing."

For people who have talent and want to break into acting, Colon recommends that they learn their craft by seeing live performances in the theater, as well as taking a look at both older and newer films.

"I think the main thing is to study and learn your craft, and to have a social awareness that is necessary to do this kind of work," said Colon. "It is a study of human behavior."

He urges aspiring actors to enrich their 'palates' by expanding their experiences, and said that there is no one direct path to being a success in the profession.

As for his role on Orange is the New Black, he said that he did not know what to expect when he started because producing original content for streaming video was a new thing when he auditioned.

Now he feels that the Orange ensemble have elevated issues faced by women in prison in an episodic drama, including issues facing lesbian and



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7 Tips to Find the Best College Fit from Huntington Learning Center

Choosing a college can be difficult for many high school students. With so many factors to consider, Eileen Huntington of Huntington Learning Center encourages teens to go about the process systematically. "Narrowing down colleges can be overwhelming, but by thinking through priorities and goals, teens can make the process easier and make a well-informed decision." Huntington offers seven tips for parents helping their teens choose their college carefully.



1. Write down the five most important factors in a college. Some teens might have their hearts set on a small college, a big university or a college that's close to home. Other teens might already have specific majors in mind or be looking into certain academic programs, such as an honors or leadership program. Have your teen think about five (or more) things he or she is looking for in a college. This list may change over time, but the exercise is worthwhile.

2. Talk about the future. Talk openly with your teen about his or her ideas for a major and career. Is your teen still figuring things out or clear on his or her path? Students who seem certain about their direction might want to consider colleges based on the availability of academic programs in their area of interest. Those who are still unsure might be wise to choose colleges with plenty of options and a great career center that can help them decide.

3. Discuss cost and scholarships. Whether you have a college fund set aside for your teen or he or she will be funding some of the cost, it's important to discuss the cost of college and start exploring financial aid options. Keep in mind that the tuition and fees listed on a college's website aren't likely the net price you'll pay. Loans and financial aid are available to most students and parents, and depending on your financial situation, your teen may qualify for grants or work-study as well. Arrange a meeting with your teen's high school guidance counselor early in the search process to talk through scholarship options and your teen's chances of receiving some meritbased assistance. The earlier the better, so even if your teen is just starting high school, start familiarizing yourself now with financial aid options.

4. Start searching for colleges. The in-state colleges and universities are obvious options, but encourage your teen to search far and wide. Tools such as Peterson's, the College Board's College Search, and College Navigator help you research schools based on just about any criteria you can think of: college type, size, fields of study, average percentage of financial need met, setting, sports and activities offered, and more.

5. Go back to your teen's "five most important factors" list. Once your teen has spent time researching colleges online and with the help of the school guidance counselor, return to that list of important factors. What colleges do not meet most of those criteria? If your teen's list included small college, warmer climate, affordable/ scholarship opportunities, strong engineering program and study abroad opportunities, peruse your teen's list of colleges to see if any can be ruled out. If your teen found the perfect private liberal arts college in Florida, but it doesn't offer engineering as a major, cross it off the list. If a school seems too expensive, perhaps you can keep it on the list while you explore financial aid and scholarship options that would lower the net cost to your family.

6. Plan a visit. It can be immensely helpful to spend time on college campuses to get a feel for student life and the community. If possible, plan a trip when college is in session to a few schools that are high on your teen's list. Take a tour, check out the dorms, sit in on a class and even talk with a few students or faculty members.

7. Ask around. It can be helpful to get the perspective of a few alumni or current students of a college to understand what it's like to be a student there, pros and cons, information about classes and more. If you know any family friends or relatives who have attended a college, perhaps they would be willing to share their insight and experience. If you're exploring a college where you don't have any contacts, the college's admissions office may be able to connect you with a student.

Huntington adds that choosing a college is a very personal decision. "Students should come up with their priority list, research their options and, most importantly, consider how their top few contenders each make them feel," Huntington says. "In the end, teens must choose a college that seems to be the best fit on paper and the place where they'll be the happiest."

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Borough president Ruben Diaz, Jr. speaks at last year's Making Strides Against Breast Cancer Walk in Orchard Beach. This year's walk will be promoted at the ACS breakfast. Photo courtesy of Making Strides Against Breast Cancer

Kickoff breakfast set for breast cancer awareness

BY STEVEN GOODSTEIN

A national organization is holding a local breakfast for a great cause - to finish the fight against breast cancer.

On Wednesday, August 5, the American Cancer Society will hold the Making Strides Against Breast Cancer Official Kickoff Breakfast at Villa Barone Manor, 737 Throgs Neck Expressway, to raise awareness and funds to

The Kickoff Breakfast will see team leaders, fundraising organizations and others come together and pledge their commitment against a great cause in breast cancer.

Lizzette Dorado

end breast cancer.

The breakfast and networking portion of the event will start at 7:30 a.m., followed by the event which will run from 8 to 9 a.m.

At this powerful get together, attendees will unite with others in their community who have been touched by breast cancer and want to make a difference.

They will also learn about ACS and find out how little time and effort it actually takes to join the organization and help fund groundbreaking research, provide comprehensive information and support and help people take steps to reduce their breast can-

cer risk or find it early when it's most treatable.

"The Kickoff Breakfast will see team leaders, fundraising organizations and others come together and pledge their commitment against a great cause in breast cancer," said Lizzette Dorado, senior market manager of ACS.

"This is one of the most inspirational events I've been to, where those in attendance who may not know a lot about breast cancer can receive first hand information directly from fundraisers and survivors, and where survivors can connect with other survivors about their experiences," she added.

"This is a very inspirational and positive event, and it's an event that is very important to us," Dorado said.

At the one-hour breakfast, which kicks off the fundraising season, ACS will also announce its upcoming Making Strides Against Breast Cancer Walk, an annual three-mile walk that takes place at Orchard Beach for breast cancer survivors, advocates and fundraisers.

The sponsors for this year's walk include Montefiore Medical Center, St. Barnabas Hospital, Jacobi Medical Center, North Central Bronx Hospital, United Federation of Teachers and Health and Hospital Corporation, among others.

The breakfast will also introduce the new ACS community manager, Marlene Medina, who will be organizing this year's walk.

This year, the walk will take place on Sunday, October 18, and will also include live entertainment.

Registration will take place at 8 a.m., followed by the walk kickoff at 10 a.m.

To RSVP to this event call (718) 547-5064 or BronxNYStrides@cancer.org.

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Practice Makes Perfect ends 'summer slide'

BY JAIME WILLIAMS

One New York City nonprofit is reinventing summer school.

Practice Makes Perfect uses a 'near-peer' model to pair low-achieving students with high-achieving older students from their neighborhood to aid them with their academic studies.

These 'near-peer' mentors are about four years older than their scholars and they assist in the summer school lessons run by college interns, who are coached by certified teachers at five partner schools throughout the city, including Young Women's Leadership School of the Bronx.

Practice Makes Perfect was founded five years ago by Long Island City native Karim Abouelnaga as a result of his experiences with the public school system.

Education wasn't important to him as a child, he said, and in 7th grade he accumulated 60 absences because he wasn't engaged in school.

But a series of non-profit programs and mentors intervened, and when he graduated from his public high school that had a 55 percent graduation rate, he did so with five Advanced Placement exams, SAT scores in the 70th percentile, and an acceptance letter from Baruch College.

When Abouelnaga applied for a transfer to Cornell University in his sophomore year, a scholarship opportunity offered \$10,000 for proposed solutions to the achievement gap, and although he didn't get the scholarship, his research led him to his passion for education reform, and he launched Practice Makes Perfect while still at Cornell.

The summer program seeks to combat the well documented effects of 'summer slide,' where low-income students without access to programming lose months of academic achievement over the summer break in comparison to their more well-off peers.

"The obvious answer is summer school," said Abouelnaga.

But traditional summer school often has a stigma associated with it and attendance is notoriously low. Practice Makes Perfect is challenging that by making the academic



A class of scholars and mentors from the Practice Makes Perfect summer program at the Young Women's Leadership School of the Bronx, with Practice Makes Perfect founder and CEO Karim Abouelnaga.

Community News Group / Jaime Williams

experience fun for kids, said Abouelnaga.

Feedback from the students indicate that the 'nearpeer' model and the relationships the students form with the older students is a big part of the program's success.

"The number one reason kids show up is the mentors," said Abouelnaga.

Students end up graduating the summer program with an average of 5 percent gains in math and 7 percent gains in reading instead of the traditional summer slide, according to pre and post-assessments. Jaylex Calderon, 7th grader in the program at the YWLS, said she's enjoyed the program, appreciates the support of her mentor, and is looking forward to being prepared for classes in the fall.

"When we go back to school we're going to be ahead," said Calderon.

But the students aren't the only one benefiting from the program.

The mentors, who are paid or receive a stipend depending on their age and receive high school admission test prep or SAT prep as part of the program, also gain valuable leadership experience.

Deja Bruton, a 12th grade mentor who plans to study education in college and return to her Bronx neighborhood as a teacher, said the program was an incredibly positive experience for her, and that it allowed her to learn about the students' different learning styles.

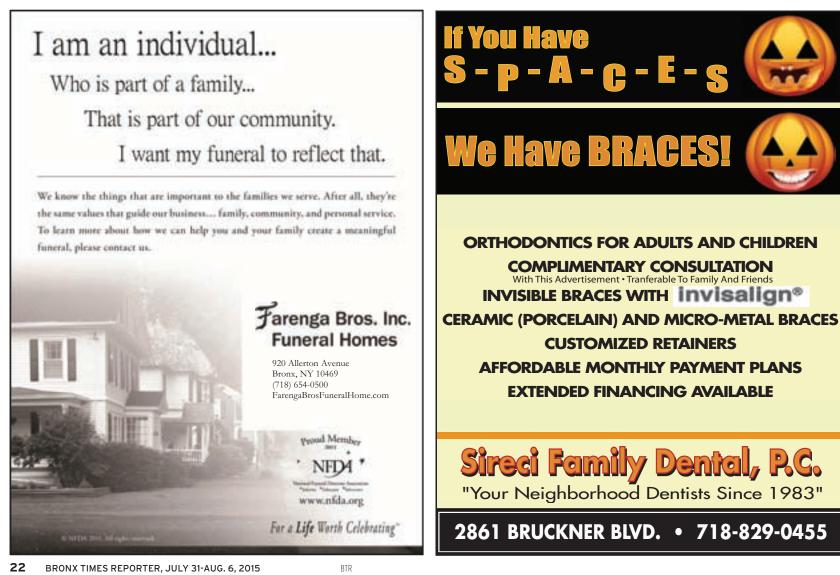
"Even though I'm teaching them, they're also teaching me things," said Bruton.

And the college interns, who receive 45 hours of training and further coaching from a certified teacher, receive important classroom experiences and get to learn by doing.

"We very much built a model where everyone wins," said Abouelnaga.

He hopes that as the organization grows and develops, their model will become the framework for fixing summer school across the country. Abouelnaga feels his personal experiences in a struggling school give him the first hand perspective missing from a lot of education reform.

"My upbringing was a blessing in disguise," he said.



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Vacca funds graffiti wash of MP building

BY PATRICK ROCCHIO

After several years of trying to get graffitipower washed from their building, some Morris Park residents are finally realizing their wish.

Tenants at 1541-51 Williamsbridge Road had graffiti on the rear and side of their building power washed by Fedcaps', funded by Councilman James Vacca.

The cleanup took place on Tuesday, July 28.

Fedcap helps people with barriers to employment find work.

Councilman Vacca said he funds graffiti cleanups and beautification regularly through Fedcap and the Doe Fund in Morris Park and Van Nest.

The particular graffiti he personally helped clean had been on the building for too long, he said.

"Most landlords will remove graffiti," he said. "Most landlords we contact will work with my office or they will work with the tenant association; I am fortunate in this case that I have resources that I can use to get this ac-

complished, eventhough the landlord didn't cooperate." Graffiti is a frustrating is-

sue, he said.

Paulette Sorg, the tenant association leader at the building concurred with the councilman on graffiti.

"It takes (the management) two to three years to get around to doing something, and when they do, they just paint over with any color that is available," she said, pointing out several paint jobs on the buildings with colors that do not match the color of the brick facade.

Sorg said that many nearby structures are the targets of graffiti vandals, including a bridge on Williambridge Road over a Metro North rail line directly across the street from the building, as well as structures along Sackett Avenue, not far from the buikding.

The people working on the graffiti powerwashing project were part of Fedcaps' Wildcat division, a job-placement specialist company for people who have barriers to employment, such as being formerly incarcerated, homeless or be-



Councilman James Vacca powerwashes graffiti off of 1541-51 Williamsbridge Road.

Community News Group / Patrick Rocchio

ing a child aging out of foster care.

Mario LaRosa, manager of operations, said that efforts like the graffiti cleanup pro- ing that the goal of the provide not only a job, but also a gram is to build enough jobs

training experience. "A lot of the people we have worked with have improved their lives," said LaRosa, add-

skills to make people self-sufficient.

The workers earn \$10.10 per hour, and many go on to find permanent housing and permanent jobs, said LaRosa.







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Rivera, Sepulveda and members of the Summer Youth Employment Program. Community News Group / Steven Goodstein

CB 9, Kips Bay launch 'Operation Cleanup'

BY STEVEN GOODSTEIN

A Bronx community board recently partnered with a local organization to clean up its neighborhood.

On Thursday, July 23, Community Board 9 and the Summer Youth Employment Program of the Kips Bay Boys and Girls Club collaborated for 'Operation Cleanup', the first clean up initiative to take place within the boundaries of CB 9.

Members of the employment program, dressed in light blue shirts, amassed at Kips Bay Boys and Girls Club at the intersection of Randall Avenue and White Plains Road, where the 40 participants picked up rakes, shovels, dust pans and brooms.

From there, the youngsters fanned out into the neighborhood, cleaning up portions of Randall Avenue, Stickball Boulevard, Lafayette Avenue and White Plains Road.

They also cleaned a local U.S. Post Office that had recently received complaints from its customers.

Operation Cleanup continued across White Plains Road, as summer youth employees tidied up streets, sidewalks and parks along the way, picking up all types of debris.

The Department of Sanitation, who provided the cleaning supplies for the effort, distributed t-shirts as well green garbage bags to facilitate the cleanup.

The initiative, designed to keep youth off the streets by cleaning the streets, paid each worker \$8.75 per hour, the minimum wage.

"These kids are helping keep this neighborhood clean while setting an example of how a clean community should look," said newly appointed CB 9 chairman William Rivera, who also mentioned that the board is the most populated district in the Bronx with over 200,000 residents.

"This clean up initiative is the first to take place in its district and, hopefully, we can build on this experience and continue to keep our neighborhood beautiful while setting up other similar initiatives in the future."

"These kids are helping themselves as well as others in their community by cleaning their very own neighborhood - and that is a great thing," said Assemblyman Luis Sepulveda, who greeted the workers before the cleanup.

"The Bronx is one of the best places in the world and it is important that we keep it clean and take pride in each neighborhood within the borough," he said.

"This initiative was a great idea towards keeping our neighborhood clean and I'm glad to be involved in it," said SYEP member Ariana Baez. "In the past, I have walked over bottles and garbage in this neighborhood, so it's a nice change to walk down a clean street."



(I-r) Rivera presents Sepulveda with a Community Board 9 'Community Involvement' tshirt before the cleanup.

Community News Group / Steven Goodstein



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Latin-based eatery is a two-wheel adventure

BY STEVEN GOODSTEIN

the Bronx is not limited to one kind of culinary culture.

Travesias, featuring Latin Fusion cuisine at 3830-34 E. Tremont Avenue, gives its customers an opportunity to 'travel the world' within the confines of the restaurant's four walls by providing them with international food options in a multi-cultural setting.



A mural painting by Dominican artist, Potteche, representing characters of different food cultures, is located in the back of the restaurant.

Community News Group / Steven Goodstein

The restaurant, which opened on A new Latin-based restaurant in Sunday, May 10, uses a bicycle as part of its logo to represent a universal mode of transportation that every person in every country of the world can relate to in regards to travel.

> Owner Brian Martinez said his customers will feel like they are traveling the world upon entering the restaurant when they look at the menu, eat the food and take in the atmosphere.

> "Although this restaurant is primarily based on many latin roots and influences, there are food options on the menu that relate to every culture in the world," said Martinez, who has previous experience managing restaurants in the Bronx and Manhattan.

> "That's where having the bike as part of our logo comes in - because not everybody has driven a car or rode on a camel, but everybody has ridden, or at least knows about a bike as a means of transportation."

> Travesias offers French avocado with curry aoili, golden crab purses with sweet and sour guava sauce and Chilian sea bass with a Travesias blend of sauteed vegetables, to name a few mouth-watering choices.

> The restaurant's atmosphere also gives off a feeling of worldwide travel.

> Collages representing different countries are displayed throughout the restaurant, with views of Puerto



Chilian sea bass with a Travesias blend of sauteed vegetables.

Photo courtesy of Travesias



Golden crab purses with sweet and sour guava sauce.

Photo courtesy of Travesias

Rico, Dominican Republic, Mexico and Cuba, among others.

Non-latino collages include pictures of the United States, China, as well as locations in Asia and the Middle East.

A portion of the restaurant also gives the feeling of Wall Street, with clocks displaying the time in New York, Madrid, Dubai and Beijing.

The restaurant also includes a small stage for live performances and shows as well as a mural painting by Dominican artist Potteche.

"When I dined here, I felt as though I had ventured off to other lands or to an incredible international food festival," said Bailey Provetto, who reviewed the restaurant with her organization the Tasty Ladies of NY in June.

"The Bronx is very lucky to have this restaurant. It's the only place in the borough that I know of where one can experience the best of over 15 different countries' culinary delights under one roof.'

Travesias has also seen positive reviews from Yelp and Trip Advisor.

Martinez, whose family also worked in the restaurant business, said that his decision to open the restaurant at the current location was made after researching the neighborhood and noting other Latin-based restaurants in the area.

"This portion of East Tremont Avenue is a growing, up and coming area that is very vibrant," said Martinez. "I really wanted to capitalize on this opportunity by opening a restaurant that was modern and classy, but casual at the same time."



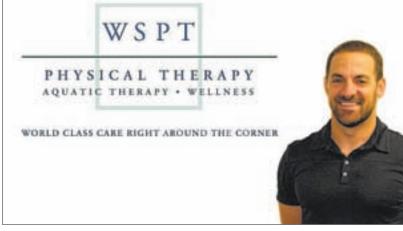
A stage area for live performances and shows. Clocks from New York, Madrid, Dubai and Beijing are displayed above the stage and the 'Travesias' logo.

Community News Group / Steven Goodstein



French avocado with curry aoili.

Photo courtesy of Travesias



Daniel Seidler, WSPT executive director, specializes in aquatic therapy and orthopedic manual physical therapy. Photo courtesy of WSPT

Westchester Square PT opens 3rd location

BY ROBERT WIRSING

A Westchester Square-based physical therapy clinic has opened a new treatment center in the Bronx.

WSPT recently expanded their quality health services to a third location, at 3032 Bainbridge Avenue.

According to Daniel Seidler, WSPT executive director, their new facility officially opened its doors on Monday, July 6 and includes a newly renovated, fully-equipped state-of-the-art 2,500 square foot office to allow for comprehensive physical therapy practices.

He added, this location includes the latest in physical therapy technology including exercise equipment such as stationary bikes and treadmills which are geared toward patient rehabilitation and are designed to be stress free on patients' joints.

Established in 2002, WSPT's trademark is providing world-class physical therapy, aquatic therapy and wellness services in the Bronx's most convenient locations for their patients and accepts most insurances.

WSPT's other offices include 1250 Waters Place, Suite 501 and 1915 Central Park Avenue and all three operate from the early morning until late evening every Monday through Friday. The Waters Place location is open on Saturday from 8 a.m. until 2 p.m.

WSPT's Waters Place office is located in Tower 1 of the Hutchinson Metro Center and includes a scenic waiting room, a rehab and cardio gym, a yoga/pilates/dance/martial arts studio, male and female locker rooms, a retail store, administrative offices and a HydroWorx therapy pool.

This unique pool combines the healing properties of water with powerful therapy jets, underwater treadmill and massage systems meant to reduce arthritic and chronic pain, fibromyalgia, enhance post surgery recovery and bring relief to other health conditions.

Seidler noted the Bainbridge office For more inform does not include the HydroWorx ther visit www.wspt.org.

apy pool.

All of WSPT's physical therapists have Masters or Doctorates in physical therapy and this organization specializes in the treatment of musculoskeletal and neurological conditions utilizing the latest manual therapy techniques and exercises to reinforce and improve their patients' health.

WSPT's areas of physical expertise include orthopedics, sports related injuries and sports specific training, aquatic therapy, diabetic neuropathy, vestibular/dizziness and women's health.

Seidler is a Columbia University graduate and has been practicing physical therapy since 1996.

His areas of expertise include aquatic therapy and orthopedic manual physical therapy based on the Maitland technique of assessment and treatment.

Seidler explained over time physical therapy's treatment approach has changed from being about simply managing a patient's pain to be more about helping people return to their normal everyday activities.

"Physical therapy is about helping people return to doing what they love to do such as sports or everyday activities and prevent them from re-injuring themselves while also making sure they have fully regained their mobility and balance," he said.

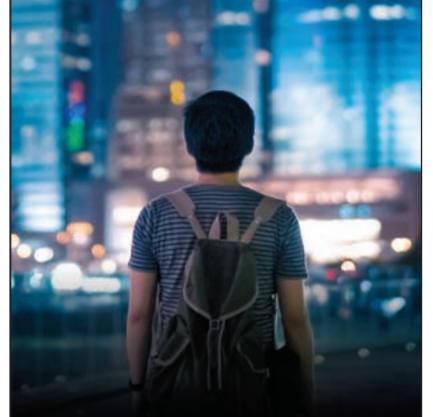
As someone who had sustained several sports injuries during his high school and college soccer career, Seidler had underwent physical therapy to treat his injuries which included lower back pain and an injured knee and can attest to the practice's effectiveness.

"I'm very proud of the team here and our biggest accomplishment is hiring great people to work with our many patients. They're the reason why WSPT has been so successful for all of these years," Seidler expressed.

For more information about WSPT,

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Information Session: August 3, 6 p.m. (see website for details)

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Bronx beat Bronx Children's Museum's first book

The **Bronx Children's Museum** announces that "The Lowdown on the High Bridge," its very first book for children, is now available for purchase through the Bronx Children's Museum website. The book was written by Sonia Manzano, just retired after 44 years as "Maria" from Sesame Street. She is a long time supporter of the Bronx Children's Museum.

To purchase the book, go to: http://www.bronxchildrensmuseum. org/#!lowdown-on-the-high-bridge/ c1ctd.

The **Pelham Bay Library**, 3060 Middletown Road, will host a free adult workshop about job interview skills on Saturday, August 8 at 2 p.m. Titled "Interview Follow-Up and Negotiation," the program is being presented by career coach Lisa Panarello. Topics she will cover include following up with your interviewer via phone email and letter, identifying your compensation requirements, answering your salary questions, leading negotiations in your favor, and how to accept and decline an offer.

Mock interviews will be encouraged, and tip sheets, planning calendars, and pens will be distributed.

The program is free to all and subject to cancellation without notice. For further information call (718) 792-

6744.

Bronx Council on the Arts invites Bronx-based individual artists and nonprofit organizations to apply for 2016 project funding through the Artist for Community Grant, Arts Fund, and Community Arts Grant. Each grant program supports projects and activities between January 1 and December 31, 2016 that enable Bronx communities to experience and engage with the arts. Grants range from \$1,000 to \$5,000. 2016 applications and grant guidelines are available at www.Bronxarts.org/Grants.asp.

All Grants open Monday, August 3. Artist for Community (AFC): Bronxbased individual artists are invited to apply for commissioning support in the amount of \$2,500 for the creation of new work in a community setting. AFC is designed to increase support for local artist-initiated activities and to highlight the role of artists as important members of the community. Four individual artists are selected each year to receive the Artists for Community award. Applications close Thursday, October 15. Arts Fund: Bronx-based professional

Arts Fund: Bronx-based professional and pre-professional artists, artist collectives and Bronx-based 501c3 organizations with an organizational budget below \$100,000 are invited to apply for grants of up to \$5,000 for high-quality arts projects that contribute to the cultural life of the borough. In 2015, Arts Fund distributed \$70,000 to 31 artists and organizations. Applications close Thursday, October 22.

Community Arts Grant (CAG): Bronx based nonprofit organizations and individual artists working through a fiscal sponsor or in partnership with Bronx-based nonprofit organizations are invited to apply for grants of up to \$5,000 for community-based arts projects. CAG aims to contribute to the cultural life of the borough through its support of community-based, high-quality arts projects in all disciplines, genres, and styles. Local nonprofit organizations may apply directly to this program; individual artists must apply with or through a com-munity-based nonprofit organization. In 2015, Community Arts Grant distributed \$73,900 to 22 Bronx artists and organizations. Applications close Thursday, October 29.

Eligibility: All organizations must be Bronx-based and cannot be funded by the New York City Department of Cultural Affairs or New York State Council on the Arts. All applicants must be Bronx residents with proof of residency. Proof of residency includes: NYS DMV Driver's license, NYS DMV Photo ID or current utility bill with artist's name. All projects — presenting, performances, exhibitions, film/video series, workshops, classes, etc. — must be fully public in nature and take place at a Bronx site.

BCA will hold "How-to-Apply" Informationals at the following locations: Wednesday, August 19, 6 to 8 p.m., Bronx Library Center, 310 East Kingsbridge Road; Wednesday, September 16, 6 to 8 p.m., Parkchester Library, 1985 Westchester Avenue; Saturday, October 3, 2 to 4 p.m. (this workshop will include information on the individual artist grant, Bronx Recognizes Its Own (BRIO), Morris Park Library, 985 Morris Park Avenue; and Wednesday, October 7, 6 to 8 p.m., Lehman College Art Gallery Lobby, 250 Bedford Park Boulevard.

Attendance to "How-to-Apply" informations are not mandatory for grant consideration. However, they are highly encouraged.

For additional information, contact Sabrina Cedeño at Sabrina@bronxarts. org or (718) 931-9500 x22.

The **SUNY North Bronx Outreach Center**, located at 2901 White Plains Road, is offering a Computercy class. You will receive instruction in Microsoft Office 2010, Word, PowerPoint and Excel 2010. Classes are forming now.

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CENTENARIAN'S 104TH BIRTHDAY

Centenarian Anna Aulette celebrated her 104th birthday at the Morris Park Nursing Home and Rehabilitation Center on Saturday, July 25. Celebrating with Anna was her family, which includes five generations of family members.

Anna's family gathers together to celebrate her 104th birthday. Photo by Silvio Pacifico

PELHAM PARKWAY VOLUNTEER CLEANUP

A Pelham Parkway Summer Clean-up hosted by Parks Department, Assemblyman Mark Gjonaj, Allerton Avenue Homeowner and Tenants Association and Johnson Controls took place on Sunday, July 26. Gjonaj visited the volunteers, including members of the NYPD 49th Precinct Youth Explorers and the Pelham Parkway Neighborhood Association.



Assemblyman Mark Gjonaj with Allerton Avenue Home Owners and Johnson Controls. Photo by Aracelis Batista

YOUNGSTERS LEARN TO EAT HEATHY

The Food Bank for New York brought its Change One Thing Summer Nutrition Awareness program for young people to Fordham South on Wednesday, July 22. Children and 'tweens' were taught nutrition lessons by their older peers and facilitators, and given a healthy cooking demonstration by Chef Max Hardy at the Good Shepherd Monterrey Cornerstone Community Center.



Teenwise Kids guide a discussion and demonstration about the sugar levels in popular soft drinks. Photo by Silvio Pacifico

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FREEDMAN HOME HOSTS BUSINESS EXPO

Presented by High Society Event Management, Saturday, July 25's Bronx Expo, held inside the historical Andrew Freedman Home, allowed small business owners to better connect with their customers and fellow business professionals. This event also featured live demos, informative sessions, on-site consultations, delicious food, music and raffle prizes.



Barry Jimenez, The Fashion Guru merchandiser, helps Jordon Hall (I) and Tamara Bullock choose a bow tie during Saturday's expo. Photo by Edwin Soto



Emilya Davis (I) with her grandmother Burnett Farrison-Smith look through Spoon and Fork Candles' display table of various candles. Photo by Edwin Soto

LIFE LINE SCREENINGS IN MELROSE

Life Line Screening offered affordable medical screenings for people at risk for cardiovascular disease, osteoporosis, diabetes and other chronic serious conditions last Tuesday, July 21 at Greater Victory Baptist Church.



Danny Deliz (r) takes Julio Alvare's medical history before the medical screening.

Photo by Silvio Pacifico

HOSTOS HOLDS TRANSGENDER FORUM

Hosted by Council Speaker Melissa Mark Viverito, Councilman Ritchie Torres, the LGBT Caucus of the New York City Council and community based organizations, the first ever citywide forum to discuss the needs of transgender New Yorkers saw over 100 participants in attendance. The forum, held at Hostos Community College on Saturday, July 25, helped raise awareness on issues impacting transgender New Yorkers, the barriers to services they face, including discrimination and violence and identify steps needed to create and sustain policies and initiatives best serving the transgender community.



Councilman Torres spoke at last Thursday's citywide forum addressing the needs of transgender New Yorkers. Photo courtesy of Councilman Ritchie Torres' Office

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BRONX DOMINICAN PRIDE CELEBRATED

The annual Bronx Dominican Parade celebrated Dominican-American heritage along the Grand Concourse from East Tremont Avenue to East 166th Street on Sunday, July 26. Revelers waving Dominican flags and wearing colorful costumes added a dash of pizzazz to what is the one of the borough's most important parades. Mayor de Blasio, Borough President Ruben Diaz, Jr. and many other elected officials marched.



(I-r, front) Mayor de Blasio, Borough President Ruben Diaz Jr., Assemblyman Marcos Crespo and Councilwoman Vanessa Gibson are among the elected officials who marched in the Bronx Dominican Parade. Also pictured in the background are Senator Gustavo Rivera and Councilman Andrew Cohen. Photo by Walter Pofeldt



Here's just one of the many costumed parade marchers along the route. Photo by Walter Pofeldt



Maritza Taveras (I) and Rebeca Almonte ride the parade route. Photo by Walter Pofeldt

BLINK FITNESS OPENS FIFTH LOCATION

Blink Fitness held the grand opening of its fifth location in the Bronx, 1490 Macombs Road, on Thursday, July 24. Blink Fitness offers memberships starting at just \$15 per month, and is a premium-quality, value-based fitness club that prides itself on their 'Feel Good Experience', which focuses on a respectful and enthusiastic staff, a bright and open gym design using colors that enhance mood, impeccable cleanliness and motivational music.





4TH ANNUAL THWAITES PLACE BLOCK PARTY

The 4th Annual Thwaites Place Block Party took place on Saturday, July 25. Local artists were invited to set up a table for free to celebrate arts in the city.



about the new location.

Blink Fitness manager Brandon Hall is thrilled to be working at the new location. Photo by Miriam Quin



Blink Fitness trainer Armando Abel assists Marie Sanchez with her exercises. Photo by Miriam Quin



(I-r) Ana Cebello, Nicole Ann Worthington and Aidan Worthington had fun with face paint. Photo by Laura Stone



Local artist Jay Agosto airbrushes a wolf on a t-shirt. Photo by Laura Stone

fot Hair

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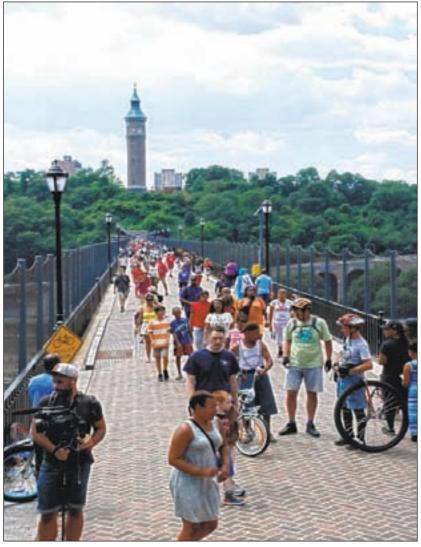
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FESTIVAL CELEBRATES HIGH BRIDGE REOPENING

The High Bridge Festival on Saturday, July 25 celebrated the recently reopened pedestrian walkway on NYC's oldest standing bridge. Elected officials joined with community members for a celebration featuring programming from more than 20 community groups including a public art installation, walking tours of the bridge, a "Bridge Making Workshop" presented by the Bronx Children's Museum, and live entertainment by Jose Peña Suazo y La Banda Gorda.





The Bronx Children's Museum provided programming.

Photo by Edwin Soto



Locals crossed the Harlem River on the High Bridge.

Photo by Edwin Soto

Assemblywoman Latoya Joyner and Councilwoman Vanessa Gibson celebrated the popular reopening of the High Bridge. Photo by Edwin Soto

CANCER FUNDRAISER AT SCAVELLO'S

ello

and



(I-r) Emma Sanchez, Paladium Dancer Carlos Arroyo and Sandra Sanchez. Photo by Silvio Pacifico

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The Sanchez Sisters held their 10th annual Celebration of Life Event at City Island's Scavello's on the Island on Saturday, July 25. The event is a fundraiser for Memorial Sloan Kettering Cancer Center. The theme of this year's event was 'The Palladium Era.'



(I-r) Margie Sanchez, caterer Paul Scavfrom Scavello's on the Island Emma Sanchez at the fundraiser. Photo by Silvio Pacifico

BTR

TORREZ, GIBSON SUMMER MEALS

New York Yankee great Mike Torrez and Councilwoman Vanessa Gibson joined local advocates to help promote the city's free summer meals program for children by serving lunch to young people at the Mullaly Pool on Tuesday, July 21. The event was co-hosted with support from the Department of Education, Parks Department, Share Our Strength, the New York City Coalition Against Hunger, and the American Dairy Association & Dairy Council.



Councilwoman Vanessa Gibson and former New York Yankee pitcher Mike Torrez with some of the people that attended the End Hunger Event. Photo by Silvio Pacifico



Councilman Fernando Cabrera (right) at Union Community Health Center.

Union Community Academic Challenge

Pediatric patients at Union Community Health Center (UCHC) look forward to making appointments with their favorite doctor. In fact, getting up-to-date shots and well-visits does not seem like such a big deal since they also have the opportunity to drop off their report cards and be entered into UCHC's bi-annual Academic Challenge. The goal of this program, open to students in grades K-12, is to encourage academic excellence in an environment where children already feel safe and are receptive to their provider's advice.

"UCHC providers are already offering their patients sound advice about health; taking one more step and a few extra minutes to encourage them to do well in school just makes sense," said Dr. Phupakdi Wipanee, Pediatric Site Director at UCHC's 2021 Grand Concourse location.

According to the department of education, only 55% of students from Bronx County graduated from high school in 2014. This is lower than the citywide average of 76%. UCHC Pediatricians see a number of their patients on a regular basis and during these visits doctors have the opportunity to connect and encourage other positive aspects of their patients' lives including academic achievements.

Last week Councilman Fernando Cabrera participated in the first awards ceremony at UCHC's E. 188th Street location where he awarded each child with a City Council Citation. "Health and education are inextricably linked," said Councilman Cabrera. "If we want our children to succeed, we must take every measure to ensure that their needs in both areas are being met. Providing appropriate incentives is a tried and true way to motivate students to excel academically, and I applaud UCHC for taking this extra step to care for their patients' wellbeing."

Local State Farm agent Juan Rosario supported the Academic Challenge by providing gift cards for each 'sof the winners. "Encouraging academic excellence and inspiring children to dream is the responsibility of every adult in the community," said Juan Rosario. "I am very excited to be part of this event and proud of these wonderful kids."

"The Academic Challenge exemplifies the holistic approach UCHC takes in promoting patient wellbeing, and is a creative way to promote healthy habits and success in school," said Councilman Ritchie Torres. "I would like to congratulate the winners of the challenge, and commend UCHC for encouraging health and educational achievement."

Contact UCHC for more information on the Academic Challenge or to make an appointment with one of the center's pediatricians, (718) 220-2020.



RIDE THE ADIRONDACKS WITH US!

AUGUST 23 – 29, 2015 www.cycleadirondacks.com

Mercedes-Benz of White Plains' 6th Annual Savor & Support to benefit My Sister's Place

On Tuesday, August 4, Mercedes-Benz of White Plains will host the 6th Annual Savor & Support to benefit My Sisters' Place. For the past five years Savor & Support has been held in the showroom of Mercedes-Benz of White Plains, but because of the continued success and increasing attendance, this year the event will be held nearby at the CV Rich Mansion.

Mercedes-Benz of White Plains has supported hundreds of local organizations through various philanthropic efforts over the years. My Sisters' Place, though, a White Plains-based organization that provides education, awareness, and legal services to those suffering from, or at risk of domestic violence, has developed an excellent partnership with Mercedes Benz of White Plains.

"We're excited that we have helped Savor & Support to become such a popular and anticipated event," says Gary Turco, general manager of Mercedes Benz of White Plains. "We wish we could have had it in the showroom, but needing a larger venue is a good problem to have!"

Nearly 300 professionals and community members are expected to attend this year's

Savor & Support on Tuesday, August 4 from 6 to 9 p.m. There will be dinner by the bite, music, and a silent auction. All proceeds will go to My Sisters' Place.

Chazz and Gianna Palminteri are expected to attend the event as well, showcasing Chazz's new vodka, Bivi and Gianna's blog, Hollywood Mom. Their children, Dante and Gabriella will entertain with a special musical performance. A new partner of My Sisters' Place, the Palminteri family is excited to be a part of the event.

Other sponsors of Savor & Support include: Titan and Revo Marketing, AutoTrader. com, Edmunds.com, Hollywood Mom, and media sponsor, Westchester Magazine.

Tickets are \$50 per person. To purchase tickets, visit mspny.org/news/savorandsupport.

BY PAUL GOLLUSCIO Hello all!

This in from Gloria Castellano: Patrick Gaultieri, president of The United War Veterans Council has passed away. We here at Post 620 pass along our deepest sympathies and condolences to his family. Pat was an extremely hard working advocate of Veterans Affairs.

You female vets who wish to attend the Women Veteran Spa day here at 620 need to RSVP to:

nyrican58@gmail.com well in advance of the happening date of Saturday August 22. Women are now being officially recognized as having Combat PTSD and MST(Military Sexual Trauma). There will be motivational speakers, aroma therapy, hair and nail stations, etc. You need your campaign, (Viet Nam, Lebanon, Grenada, Panama, OEF, Somalia, Haiti, Bosnia, Kosovo, OIF, New Dawn, etc.) If bringing kids, their names and ages. It'll be a fun



day starting at noon.

Remember, Labor Day BBQ at the VA is Sunday, September 13 at noon. VA Christmas, slash Holiday Party, Sunday, December 13. same time frame.

Trivia Time

WWI started July 28, 1914. We got into it in 1917 and it ended 11 a.m. on November 11, 1918

A plane hit the Empire State Building on July 28 1945 at 9:49 a.m. This was due to intense fog, not brain-dead terrorists!

England beat up the Spanish Armada on July 29, 1588.

On the same date in 1942, Eastern Boulevard became Bruckner Boulevard.

On the same date again in 1966, the Interboro Movie The-

ater closed.

The Indianapolis was sunk on July 30 1945. It was found August 2. But it was mission completed as they delivered the bomb. Watch 'Jaws' again, Quint explains it all.

The NY Fire Department was founded July 31, 1865,

Finally, on the same date in 1948, Idlewild Airport was dedicated.

Keep the troops in your prayers, take a vet to lunch and God bless .:

New York City slang for a new generation

had their own slang. We all know that that "coffee regular" means coffee with milk and sugar. A "straphanger" is a subway rider (though, come to think of it, maybe it's a bus rider, too). And fugheddaboudit is a single word.

But we are clearly overdue for an update. So here is:

New slang for New York Halal-anon: Meetings for people addicted to lamb over rice.

Quipster: A hipster who lives in Queens.

Tri-asselete: A person who, by a combination of man-spreading, leaning, and glowering, manages to take up three seats on the subway.

Celebate: A person who tries to not spot celebrities.

PPB: Short for "phantom phone booth" - a phone booth with only wires left in

New Yorkers have always are likely to hear on the High Line, e.g., "It's 7:30 in Milan now." Or, "I could've bought that building for \$50,000 in '78."

> Yellowed Cab: Pre-Uber form of transportation.

> Square Knot: A crowd of Times Square tourists trying to cross the street that intersects with a crowd of tourists trying buy \$10 handbags.

> Coney-ism: Boardwalk employees who send business to other Boardwalk establishments. E.g., "Now that vou've had a hot dog, maybe it's time for a ride on the Cyclone "

> NO-DOZ: (Acronym) The neighborhood Near Or Directly Opposite Zabar's.

> NO-DOZ BRONX: The neighborhood Near Or Directly Opposite Zoo. Blunch: Brunch that com-

> mences at or past lunch

time. Tramelot: Nickname re-High Line Line: A line you flecting Camelot-like hopes

BTR



RHYMES WITH CRAZY

Lenore Skenazy

for new Cornell Tech campus on Roosevelt Island.

Churisma: The irresistible allure of a giant pile of churros.

Ferry Godfather: A Mafia don who lives on Staten Island.

Cartio Workout: The exer-

cise one gets walking over to cream truck that plays muthe hot dog cart.

Bubblestone: Street or sidewalk littered with bubble-shaped tops of Frappucino cups.

Lost and Lost: The MTA's Lost and Found booth.

Late Bloomers: Buildings and projects begun in Bloomberg era only now reaching completion.

A-Riguez: The side of A-Rod we didn't see until now.

Cataclysmic Climate Change: The act of entering a freezing subway car from sweltering platform, or vice versa

Tube Jobs: A street fair job, e.g., selling tube socks.

Loughnut: The lone doughnut left on a doughnut cart.

Speed Lump: A person standing on the left side of the escalator unaware that that side is reserved for people walking.

Mister Loudee: Any ice

sic.

Horse Shoo: Nickname for Mayor de Blasio initiative to rid Central Park of carriages.

Sick Passenger: Joking euphemism for lame excuse. E.g., "I wanted to get to your opening, but there was a sick passenger." Or, "A sick passenger ate my homework."

Eva-lution: The gradual switch from traditional to charter schools, often aided by Eva Moskowitz.

Mondo Condo: Nickname for Long Island City.

Shadowfreud: To feel pleasure in knowing a friend's luxury apartment will soon to be in the shadow of an even more luxurious building.

Smidgeon: A small pigeon.

Lenore Skenazy is a keynote speaker and the author and founder of the book and blog Free-Range Kids.

TNMA HOLDS GOLF OUTING AND DINNER

The Throggs Neck Merchants Association held its third annual Golf Outing and Dinner at Pelham Bay & Split Rock Golf Courses on Thursday, July 23. Raffles were held during the dinner. All funds raised by the TNMA were donated to the community, supporting local programs such as Holiday Gifts For Kids, their annual Tree Lighting Ceremony and their awards program, which provides awards to local graduates.



(I-r) James Organ, Lilyanna Pekic, TNMA events coordinator, Ron Schwartz and Stephen Kaufman, TNMA president, at the golf outing. Photo by Silvio Pacifico



TNMA board members Ed Angelino, vice president; John Cerini, treasurer; Stephen Kaufman, president; Hussien Nouri, technology director; Jerri Colon; Angela Molinini, secretary and Lilyanna Pekic, events coordinator, gather after the golf outing. Photo by Silvio Pacifico



(I-r) Assemblyman Michael Benedetto, John Bonizio, Metro Optics Eyewear and Charles Arnold at the golf outing. Photo by Silvio Pacifico



VNNA HOSTS VAN NEST FAMILY DAY

The Van Nest Neighborhood Association, Assemblyman Mark Gjonaj and Assemblyman Luis Sepulveda hosted the Van Nest Family Day at Van Nest Park on Saturday, July 25.



Jazzy the Clown makes balloon animals with Van Nest Neighborhood Alliance members (I-r) John Messenger, Bernadette Ferrara and local residents.

Photo by Laura Stone

(I to r): Benny Del'Olio, Van Nest Neighborhoood Alliance members John Messenger and Bernadette Ferrara, Assemblymen Gjonaj and Sepulveda, and Virginia Torelli. Photo by Laura Stone



BY FRANK V. VERNUCCIO, JR.

Despite the presence of global and regional powers, the most effective fighting force countering ISIS has been the Kurds, a people not even in possession of a state of their own.

Despite that reality, the U.S. continues to display reluctance to provide these proven fighters, who come far closer to western standards of human rights than most other participating groups, with the weapons they need to protect themselves and defeat ISIS.

Current White House policy for ground forces leans on two local powers, Turkey and Iran, neither of which offer a viable solution.

According to the Gatestone Institute, "Apparently, for the government of Turkey, ISIS, which engages in mass murder, ethnic cleansing, mass rape and sexual slavery, is preferable to the Kurds, who resist ISIS and demand rights and liberties that have been taken away from them by the repressive regimes that rule over them...With its limited military power aided only by NATO planes and Peshmerga forces, the YPG are fighting against the immolators and decapitators, and trying to protect innocent people who would otherwise be massacred by ISIS....

The Kurdish militias - the YPG (A Kurdish 'People's Protection Unis' force in Syria) in Syrian Kurdistan and the Peshmerga in the Kurdistan Regional Government in Iraq - are the only Muslim forces truly resisting ISIS on the ground. These Kurdish forces are mostly Muslim; at the same time, unlike the Arab regimes or radical Islamist armies in the region, they are secular and protective of minorities. On one side, there is Turkey, whose membership in the NATO has not prevented it from turning a blind eye to - or even facilitating the traffic of -



ISIS fighters..."

According to the Council on Foreign Relations,"The Kurds are one of the indigenous peoples of the Middle East and the region's fourth-largest ethnic group. They speak Kurdish, an Indo-European language, and are predominantly Sunni Muslims. Kurds have a distinct culture, traditional dress, and holiday... Kurdish nationalism emerged during the twentieth century following the disintegration of the Ottoman Empire and the formation of new nation-states across the Middle East. The estimated thirty million Kurds reside primarily in mountainous regions of present-day Iran, Iraq, Syria, and Turkey and remain one of the

world's largest peoples without a sovereign state... The Kurds are not monolithic [and] have a long history of marginalization and persecution, and, particularly in Iraq and Turkey, have repeatedly risen up to seek greater autonomy or complete independence."

Part of the Administration's reluctance to appropriately arm the Kurds rests with concerns about offending Turkey, a NATO partner. At least one portion of the Kurdish people lay claim to a portion of territory that currently belongs to Turkey. But Kurds also exist in numbers in northern Iraq, Syria, and Iran, and claim title to some territory of those nations.

In 2006, then-Senator Biden called for the establishment of a Kurdish state in northern Iraq, as part of a three-way split of the Iraqi nation. He appears to have moved away from that position.

Turkey has displayed no

particular enthusiasm for the battle, leaving Iran, which is using the crisis as an excuse to expand its regional influence, as the best armed ground fighting force countering ISIS. ISIS has been, quite bluntly, a great benefit for Iran, even if the two entities are enemies. It has been a long-term Iranian goal to place forces in and dominate portions of Iraq. It expands the Mullahs influence in the Middle East, and it serves as a bargaining chip in dealing with the West.

The failure to provide the Kurds, a western-friendly people interested primarily in their own survival with the support they need to confront ISIS is a significant policy error on Washington's part, one that has led to great and worrisome gains for Iran.

Contact COMACTA at nycommunityaction@gmail. com; tune into our radio broadcasts at amfm247.com, and visit our website

BY MARY JANE MUSANO

We are trying to put together a fund raising event to benefit our local AM-VETS. Their building was decimated during hurricane Sandy and they are not eligible for FEMA funds. Our association would like to find a way to support them and we

need your help.

The event is in the planning stages, but with your help our community can come together and make our ideas a reality. Here's our plan. We are calling on all artists, musicians, singers and authors to participate in this event for a dual pur-



pose. You can get exposure for your book, CD, paintings etc. and help a great organization that is in need.

We will gather together sometime in October to offer our goods to the community. You will be asked to donate 50% of your profits to the AMVETS. The event will take place before Veteran's Day and it is our hope that this event will inspire people to go to the parade, fly our flag or honor our veterans and soldiers in some way.

October is also the time when many begin their Christmas shopping. Original works from area artists and authors would make a unique and unexpected gift. Buyers will get something wonderful and also be helping the people who fought and still fight to keep us safe and free. It's a win-win situation and I'm so excited about the possibilities!

So, how can you help? Help us get the word out. If you know an artist, author, singer, jewelry maker, musician, etc., please have them call me at (718) 792-6385 so I can explain the details. If you are a member of a veteran's organization or an arts association, please let them know about the event. Then, keep reading our column because we will be announcing the date and place for the event very soon.

Let's join hands and help our local AMVETS. They deserve it!

Up For Adoption





BTR

(Left) Angel is an eight-month old Shepard mix that is good with other dogs, cats and children, and has received all vaccination shots. He is ready for a permanent home.

(Right): Each kitten is about two-three months old and will be spayed, neutered, microchipped and will receive all vaccination shots.

If you are intersted in adopting any of these pets, email newbeginninganimalrescue@gmail.com or call 347-691-3282. New Beginning Animal Rescue is located at 2515 Newbold Avenue.

BY TONY SALIMBENE!

Don't forget the SAL BBQ at TN Post 1456 on the 8th and Comedy Night at Sam Young Post 620. Congrats to Gene on his Allerton Avenue merchants' event. Thanks to aunt Cathy Praino as she continues to box items for the troops and thanks to those who contribute both items and money to ship them.

I really enjoyed PC Tom Hansen's take on the difference between a youth's role model and a real hero from last week's Letters To The Editor.

The letter next to his, on the failure of the NYC Public



School System, was right on informative and very alarm-ing!

The SAL Squadron 253 cards will be on the way now that realize I forgot to submit one of the required forms.

See you on the computer.

Until next time: An army of sheep can be led by a lion, but an army of lions cannot be led by a sheep! -Alexander the Great

BY SANDI LUSK

The city housing crisis is in the news, and causing a lot of controversy both city-wide and locally. With Mayor de Blasio launching his 10-year plan to help alleviate the housing crisis in New York, I thought I would try to uderstand some of what is going on. The major categories:

Supportive housing is a combination of subsidized housing and support services to help people who were homeless, chronically ill, hospitalized, or for young adults aging out of foster care. It is permanent, independent housing that provides support and that is integrated within a community. It is also a best defense against people becoming homeless and living on the street or becoming one more permanent statistic in a homeless shelter.

The two primary types of supportive housing are:

• single-site: A designated building where each individual or family has a private living quarters and may share kitchens and/or common recreational rooms or other facilities.

 scattered-site: units in apartment buildings spread throughout a neighborhood or community that are designated for specific populations, accompanied by supportive services

Tenants sign a standard lease. Continued tenancy is not subject to any special rules or participation in any particular services. Tenants pay 30 percent of their income toward rent."

This information is quoted from the NYC Department of Mental Health and Hygiene web site at: http://www. nyc.gov/html/doh/html/mental/ housing-services.shtml.

In other words, it is rent subsidized housing that often has social/ psychological services on site (such as the program at the Pelham Grand which is for the chronically ill). The presence of the services on site is to help tenants eventually be completely independent and achieve a stable, healthy life.

Affordable housing: The Department of Housing Preservation and Development (HPD) works with realtors and community sponsors who sell or rent apartments at affordable prices to low- and moderate-income families (working class). More information can be found here: http://www1. nvc.gov/nvc-resources/service/1021/ affordable-housing.

Eligibility is determined by Area Median Income (AMI) of the New York City area.

Some examples are: low income: \$51,780 - family of four; \$46,620 - family of three; \$41,460 - family of two; \$36,300 - individual; moderate-middle income: \$86,300 - family of four; \$77,700 - family of three; \$69,100 - family of two; \$60,500 - individual. (These are just some examples, not the entire listing). This information is available at:

The New York City Housing Development Corporation web site, http:// www.nychdc.com/pages/Income-Eligibility.html.



Currently, most affordable housing is given out by lottery, leaving many families vulnerable to homelessness or forcing them to leave their home communities or find other alternatives (like living with relatives in overcrowded conditions, remember How the Other Half Lives?).

Mayor de Blasio's plan calls for more affordable housing units throughout the city. We desperately need more affordable housing units, as the policies of the recent Bloomberg administration directed all its efforts to enabling developers big tax breaks and subsidies to focus only on luxury housing and homeless shelters, to the exclusion of all else.

As our economy moves from fulltime employment to a part-time, hourly-wage model, more people are going to be unable to afford the current high rents, even in their own communities, through no fault of their own, despite earning the salaries suggested above. There has been much controversy over this. People often make unwarranted assumptions about those in need of affordable housing. Understand, that these are mostly hard-working people working many hours (like my son, who recently moved back in with us despite a 60-hour work week), who will be priced out of their communities. While some concessions would need to be made, such as loosening parking requirements, etc., we are in the midst of a housing crisis, and this may be one of the only ways to save the middle/working class from being pushed out of the city altogether.

Homeless housing/shelters: From the Coalition for the Homeless:

• In May 2015, there were 58,906 homeless people, including 14,093 homeless families with 24,014 homeless children, sleeping each night in the New York City municipal shelter system*. Families comprise nearly four-fifths of the homeless shelter population."

*This number doesn't include the thousands living on the streets every day

Mayor de Blasio has said that he intends to lower the rents paid to landlords at the cluster-site and shelter locations to 'only' market value, using the money saved to support more affordable housing and rent subsidy programs. This is what should have been done a long time ago.

Of the thousands of homeless families in shelters, many lost their apartments when their rent subsidy programs (Section 8 and Advantage) were pulled about seven years ago. They are working class and/or working poor. The strategies outlined above, subsidized housing and affordable housing, will greatly reduce their presence in the shelters.

However, there are thousands of homeless people wandering and sleeping in the streets of the city. Many of them are mentally ill, some have substance abuse problems. Some are dangerous to themselves or others. They need help. When the city/state moved to an "outpatient" mental health model to save money many years ago (Pataki administration) and released thousands of hospital inmates on to the streets to pursue treatment on their own through community-centered care and half way houses, those community-based supports for the most part didn't materialize in any meaningful way and many were left to fend for themselves. We are seeing the results of this failed policy every day on our streets and in our newspapers. We need to bring back some form of regular institutionalized care and help them to get off the streets into a safe environment where they can get the care they need.

I am by no means an expert in housing policy (I don't pretend to be), but the above was my attempt to make some sense out of a hot and very crucial topic concerning our city's future.

On another note, our Family Fun Day on July 11 was a great success; it was a beautiful day and there was great turnout, and everyone enа joyed seeing our friend John the Magnificent Magician, the Boy Tribute

Band, and Uncle Morty's puppet theater. Thank you to our intrepid and loyal volunteers Rob, Rick, Woody (of course), Desiree and Tony. We would be nothing without you! And of course thank you to Marianne Anderson and Alfredo Perez from NYC Department of Parks for being wonderful partners these past 20 years, it is always great working with you.

Our Pearly Gates play program began this past Saturday. There was a good turnout, and our play coordinators, Desiree, Juana and Jason, got to know some of the parents and kids, and are planning some great kids' activities for the next three Saturdays. Stop by to meet them and see what good things they have planned. On Saturday, August 15, from noon to 4 p.m. we will have our usual closing day celebration with John the Magician and Uncle Morty's puppet theater, as well as arts and crafts and face painting.

Thank you so much to our very generous sponsors: Metro Optics, a great community partner, and Assemblyman Michael Benedetto (who paid us a welcome surprise visit), who has supported us from the very beginning in 1990.

Be careful during the hot, hot weather, remember to drink a lot of water, wear a hat in the sun, stay cool in air conditioning if you can, and don't forget your sunblock!

TTFN



Bronx scene	 St. Raymond Carnival & Jazz Concert45 Los Van Van At Lehman Center45 Do You Remember - McNamara; Pearl Harbor46 			
Latin jazz at Bartow-Pell Mansion Museum				

On Friday, August 7, in partnership with the Bronx Music Heritage Center, Bartow-Pell Mansion Museum will present the Latin jazz sound of the Ray Martinez Legacy from 6 to 8 p.m. Known for his melodic and percussive style, Martinez is considered one of the most gifted and prominent bassists/arrangers in the contemporary Latin and salsa music scenes.

Martinez is committed to motivating and inspiring audiences both young and old to the magnificent sounds of Afro-Caribbean jazz. His musical innovation fuses Afrojazz (Latin jazz), blues, funk, and the folklore rhythms of the Caribbean to create a familiar, yet new sound. Martinez composed, arranged. recorded, and performed for



Ray Martinez Legacy at Bartow-Pell Mansion Museum.

many years with Latin-jazz his own salsa band, Conjunto legend Mongo Santamaria. Tipico Criollo, Martinez pro-

albums. He was also a member of the Buddha-Latin Jazz All Stars and has enjoyed a prolific musical career recording and performing with such well-known artists as Tito Puente, Cecelia Cruz, Ray Barreto, Johnny Pacheco, Dave Valentin, and Hector Lavoe, among others. Martinez was chosen to participate with Paul Simon on several recordings and also performed on two world tours with David Byrne of the Talking Heads. Martinez, a native of the Dominican Republic, received his formal music education from the National Conservatory of Music in Santa Domingo and, upon moving to the U.S., continued his studies at Lehman College.

Bartow-Pell's collabora-

Heritage Center, now in its third year, continues on Friday, October 2nd with the multicultural jazz sound of Eugene Marlow's Heritage Ensemble.

Bartow-Pell's First Friday! Music and Trolley programs takes place at the museum the first Friday of every month, 5:30 to 8:30 p.m., April through December. Visitors can enjoy the music, explore the museum, stroll the garden, and savor light refreshments. T

he trolley makes a continuous loop from the #6 Pelham Bay Park subway station to BPMM to City Island starting at 5:25 p.m.

Registration requested at (718) 885-1461 or via email at info@bpmm.org.

Cost \$10 adults, \$8 seniors



St. Raymond carnival and jazz concert

The **2nd Annual St. Raymond High School for Boys Fundraising Carnival** will be held on Thursday, August 6 through Sunday, August 9, from 3 to 9 p.m. daily at the St. Raymond High School for Boys, parking lot, 2151 St. Raymond Avenue.

One hundred precent of the proceeds from this event goes towards supporting scholarships, academic advancements and student opportunities.

The cost is only \$2 to enter and rides are between 3 to 5 tickets each. Single ticket: \$1.25, 20 tickets: \$20, 45 tickets: \$40.

For additional information, contact Christina DeCrescenzo at (718) 824-5050, ext. 140 or cdecrescenzo@straymondhighschool.org.

St. Raymond Elementary School will present Jazz at St. Ray's, its firstever jazz concert, featuring Mark Morganelli & The Jazz Forum All-Stars, on Saturday, September 12 from 7 to 9 p.m. in the school's auditorium, 2380 East Tremont Avenue. The quartet will perform jazz and Brazilian jazz.

In addition to Morganelli on trumpet and flugelhorn, the Jazz Forum All-Stars includes Paul Meyers on guitar, Nilson Matta on bass, and Tony Jefferson on drums and vocals.

Tickets are \$25 per person and can be purchased online at www.nycharities.org/events/EventLevels. aspx?ETID=8366 or by calling (718) 792-4044.

For additional information, call (718) 597-3232, ext. 2232. Proceeds from Jazz at St. Ray's will benefit St. Raymond Elementary School.

Morganelli, a well-known presence on the Westchester jazz scene, is the founder and executive director of Jazz Forum Arts, a not-for-profit arts presenting organization in Tarrytown, New York, which is celebrating its 30th anniversary this year. In addition to producing more than 60 CDs, Morganelli has also produced and/or performed in numerous jazz festivals and concerts in the U.S. and abroad. He also produced the Dizzy Gillespie 75th Birthday concert at Carnegie Hall and a concert series at Jazz at Lincoln Center, and co-produced the "Jazz Beats Breast Cancer" concert at Avery Fisher Hall. Later this year, Morganelli will be opening the new Jazz Forum performance space in Tarrytown.

For additional information about Jazz Forum Arts, visit www.jazzforumarts.org or find them on Facebook.

Lehman Center for the Performing Arts will present the Exclusive NYC Appearance of one of Cuba's most spectacular bands, Los Van Van, who bring direct from Cuba their blend of Afro-Cuban, disco and funk back to Lehman Center as part of the band's U.S. Tour celebrating their 45th Anniversary on Saturday, August 8, at 8 p.m. Led by Samuel Formell, son of founder Juan Formell, fans can expect to hear the group's greatest hits along with the work from their more current releases including their latest album La Fantasia. Produced by Lehman Center and Leo Tizol.

Lehman Center for the Performing Arts is on the campus of Lehman Col-

lege/CUNY at 250 Bedford Park Boulevard West.

Tickets for Los Van Van are \$60, \$55, and \$45 and can be purchased by calling the Lehman Center box office at (718) 960-8833

Low-cost on-site parking available for \$5.

Bronx Council on the Arts and Assemblyman Jeffrey Dinowitz continue their summer concert series in the northwest Bronx on Tuesday, August 11, 77 to 9 p.m., with a performance by New York Skyscrapers and Friends at Williamsbridge Oval Recreation Center's Ballfield. Bring your blankets, bring your chairs and enjoy the show. The concert is free, open to the public, and all are welcome.

Venue host and co-presenter for the evening is Williamsbridge Oval Recreation Center at 3225 Reservoir Oval East (cross streets: 208th Street and Bainbridge Avenue). Phone: (718) 543-8672 or (718) 515-2495.

Rain location: The Recreation Center's second floor Multi-Purpose Room. Information: www.bronxarts.org, phil@ bronxarts.org, or 718-931-9500 x33. Call (917) 972-2386 on the evening of performance.

Additional concerts in the series include: Wednesday, August 12, 7 to 9 p.m. at Amalgamated Train Park: Ginetta's Vendetta Jazz & Standards; Tueesday, August 18, 7 to 9 p.m. at Henry Hudson Park: Just Nuts Party Dance Band; and Thursday, August 20, 7 to 9 p.m. at the Riverdale YM-YWHA: The Mystery Tour Beatles Tribute Band

For more information regarding these events or any other community issue, contact Assemblyman Dinowitz' District Office at (718) 796-5345.

Wave Hill presents the following events: Sat, August 1; Sun, August 2: Family Art Project: Marvelous Mushrooms: Go on a hunt for mushrooms and be inspired to create your own glowing garden with fluorescent paints. Test it out under a cool black light as we create a group, fungi-planetarium. Free, and admission to the grounds is free until noon.

Sat, August 1: Tai Chi Chuan: In this beginner-level class, Irving Yee, a member of the William CC Chen Tai Chi School, introduces students to the internal martial arts and promotes an awareness of its benefits.

Sat, August 1: Gallery Tour: Join the Curatorial Fellow for a tour of current exhibitions. Tours take place Tuesdays and Saturdays at 2PM. Free with admission to the grounds.

Sun, August 2: Hatha Yoga: Classes are led by Yoga for Bliss director Neem Dewji and other certified instructors.

Sun, August 2: Meditation: Each session, led by Yoga for Bliss director Neem Dewji and other qualified instructors, includes instruction in simple techniques, followed by guided meditations.

Sun, August 2: Garden Highlights Walk: Join in for an hour-long tour of seasonal garden highlights.

Wave Hill is located at 675 West 252nd Street. For further information call 718) 549-3200 ext. 232.





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 0ueens Center-Quails

 294 Utica Ave.-Portabella
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 New JERSEY

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 907 Beradi St. Doctabella

807 Broad St.-Portabella Woodbridge Center-Quails 5516 Bergenline Ave-Quails Freehold Raceway Mall-Quails Livingston Mall-Quails 12-20 E. Fordham Rd.-Portabella 2887 3rd Ave.-Portabella 3449 Jerome Ave.-Portabella 2938 3rd Ave.-Fino 345 East Fordham Rd.-Fino 259 E. Fordham Rd.-Britches 645 E. Tremont Ave.-Portabella 1498 Parkchester Ave.-Portabella Bay Plaza Shopping Center-Portabella B3 South 4th Ave.-Mount Vernon 1498 Metropolitan Ave.-Portabella 2168 Bartow Ave.-Portbella

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Writer remembers McNamara; Pearl Harbor attack

I enjoyed this response to my column about "McNamara's Vagabond Travels" so much that I'm doing something that I've never done before. After 29 years I'm letting someone else's words take over my column for this week. Sit back and enjoy the variety of memories evoked by one reader. It may help to note that John Robben is a published author and former columnist for Greenwich Time. What I find amazing is how many topics he can touch upon in his response to the story. It's a sign of a busy mind.

Bill, happy too see your plug for McNamara's Vagablond Travels.

John was a very special man. The first time I ever saw him he was making his rounds as Edgewater's night watchman. He had a military helmet on his head, a Tommy gun strapped on his back, etc. Of course I'm exaggerating,

What I do remember him having was a flashlight. One night when I saw him patrolling in Alden Park I invited him in for tea. He asked to see the typewriter he always heard me banging on whenever he passed



my bungalow.

I used to sit at the dining room table situated in the dining room that separated the kitchen from my tiny bedroom and when the weather was favorable and the screens were on instead of the storm windows I'd be banging away and he'd hear the clicking of the keys. I think it was a small portable that I'd put in my bedroom whenever the family sat down for supper. It was at that table one Sunday afternoon in 1941 that we heard the news that "Pearl Harbor has been attacked by Japanese planes!" My father couldn't, or wouldn't, believe it.

"It's not possible," he said. "The announcer must be mistaken."

I was 11 years old and had never even heard of Pearl Harbor.

"Pearl Harbor's in the middle of the Pacific Ocean, thousands of miles from land," my father added.

But the newscaster was insis-

tent. "Today, Sunday, December 7, Japanese planes have bombed Pearl Harbor."

"Japan is thousands of miles from Pearl Harbor. They don't have planes that can fly that far. Besides," my father added, "It's the strongest military base in the world."

I remember that afternoon walking over to St. Frances de Chantal to see a basketball game. The Church team was very good, one of the best in the City of New York. I remember some of the players names: Johnny Mackin, Jimmy Ryan, Frank Lyons and others. The court was in the basement of the church and had a very low ceiling. Visiting teams always had difficulty playing there because the ceiling was so low. Many of their shots hit the ceiling instead of the rim or backboard. Prior to the game starting someone addressed the audience over a loudspeaker and requested evervone to stand while the National Anthem was played. This



(L-r, standing in rear) Mike McGrory and Jim Hewitt. Front left to right, Jack Sauter, John McNamara, Bill Twomey and John Robben at City Island on March 21, 2000.

was something new, perhaps even the first time, to honor our American Servicemen, many of whom who had been injured or killed that day at Pearl Harbor.

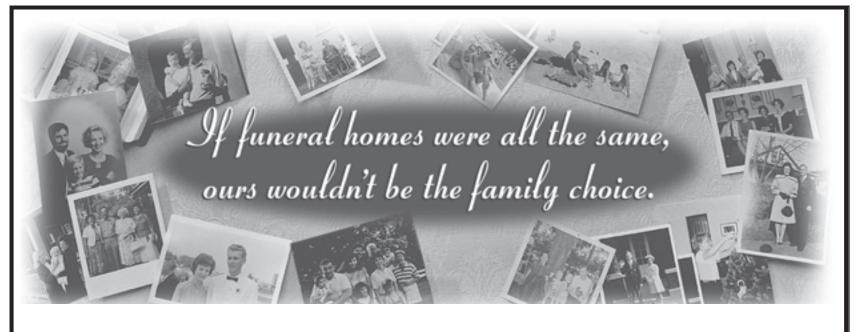
People in the stands began whispering. I could only make out a few words. "Japs" was one of the words. "Sneak attack" another. "This means war. We're in it now for sure." "They'll be sorry," another person whispered.

My father was glued to the radio when I returned home later that day. More and more details about the attack were filtering in.

"They're probably not telling us everything," my father said. "But it sounds bad. Some of our biggest ships, even our battleships, have been damaged or sunk. President Roosevelt is addressing the nation tomorrow. He's probably going to tell us we're declaring war on Japan."

I think that was the beginning on my interest in listening to the news on the radio. Prior to that I'd only listened to "The Lone Ranger," and "The Green Hornet" or to Red Barber broadcasting the Brooklyn Dodger baseball games. But after December 7 my interests widened and I started being a historian. Well, maybe I'm exaggerating. I was still more interested in Pee Wee Reese and Pete Reiser and Whitlow Wyatt than in President Roosevelt or Winston Churchill or Adolf Hitler.

John Robben



The families of our community so often choose our funeral home. Some come to us to pre-plan arrangements because we offer all the options and choices they desire. Others come to us at their time of need seeking guidance, support and the certainty of a funeral service that is correct in every way. Should your family find itself in need of our services, we hope you'll make the choice so many in our community have.



Annual St. Ilheresa Reast held

The annual St. Theresa Feast in Pelham Bay ran from July 22 to 26. Locals enjoyed food, entertainment, games and rides during the five-day festival held by the church.

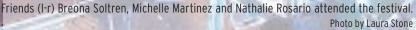






Church volunteers (I-r) Lubelia Orlando, Denise Wolovich and Carmella Greco. Photo by Laura Stone







Olivia Gonzalez with her fish. Photo by Laura Stone



Mia Rivera with her prize. Photo by Laura Stone



Gabriella Onofrietti (I-r) and Caitlin Keenan enjoy zeppoles. Photo by Laura Stone

BTR



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LEGAL NOTICES

LEGAL NOTICE

BIRD AND ANCHOR, LLC Art. Of Org. Filed Sec. of State of NY 2/4/2015. Off. Loc.: Bronx Co. Monica Rosario designated as agent upon whom process against it may be served. SSNY to mail copy of process to The LLC, 2528 Bronxwood Ave, Bronx, NY 10469. Purpose: Any lawful act or activity.

LEGAL NOTICE

NOTICE OF FORMATION of A AND PET FOOD LLC. Articles of 7 Organization filed with Secretary of State of New York (SSNY) on 05/26/2015. Office location: Bronx County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: Bibi S. Ramjohn, 1285 St. Lawrence Avenue, Bronx, NY 10472. Purpose: any lawful purpose.

LEGAL NOTICE

NOTICEOFFORMATIONoflimited liability company (LLC). Name: THE-WORLDONLINE, LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 02/18/2015. Office location: Bronx County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: C/O UNIT-ED STATES CORPORATION AGENTS, INC. 7014 13TH AVENUE, SUITE 202 BROOKLYN, NY 11228. Purpose: any lawful purpose.

LEGAL NOTICE

Notice of Formation of Madest Studios LLC. Arts. of Org. filed with NY Dept. of State: 5/13/15. Name amended to Madest LLC. Office location: Bronx County. Sec. of State designated agent of LLC upon whom process against it may be served and shall mail process to: Corporate Creations Network Inc., 15 N. Mill St., Nyack, NY 10960, regd. agent upon whom process may be served. Purpose: all lawful purposes.

LEGAL NOTICE

Notice of Formation of REGALO DE DIOS UNISEX SALON LLC. A domestic or foreign Limited Liability Company (LLC). Articles of Organization filed with Secretary of State on July 08, 2015 NY Office location: BRONX County, Secretary of State is designated as agent upon whom process against the LLC may be served. Secretary of State shall mail a copy of any process against the LLC served upon him/her to C/O the LLC, 4820484 E 138th Street, Bronx, NY 10454. Purpose: Any lawful activity.

LEGAL NOTICE

Notice of Qualification of NYC's Best Dressed Cupcakes LLC. Authority filed with NY Dept. of State on 6/12/15. Office location: Bronx County. LLC formed in DE on 4/10/15. NY Sec. of State designated agent of LLC upon whom process against it may be served and shall mail process to: 324 E. 143rd St., Apt. 4B, Bronx, NY 10451, principal business address. DE address of LLC: c/o The Corporation Trust Co., 1209 Orange St., Wilmington, DE 19801. Cert. of Form. filed with DE Sec. of State, P.O. Box 898, Dover, DE 19903. Purpose: all lawful purposes.

BRONX TIMES REPORTER, JULY 31-AUG. 6, 2015

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LEGAL NOTICE

Case#: P2015-0886 WHEREAS, JOHN B. PEREZ of Providence in the County of Providence has filed a Complaint in said office demanding divorce from a FRANCHESKA OVALLE, R. PURSUANT TO R.I.G.L. 15-5-16.1, AND ALL OTHER RELIEF AS THIS COURT MAY DEEM JUST.

Now. therefore you the said DEFENDANT are hereby summoned to answer, if you shall see fit, before the Family Court, to be held at Providence, within the County of Providence, on the 10th day of September, 2015, then and there to answer said complaint. FAILURE TO APPREAR WILL RESULT IN DEFAULT AND DEFFENDANT WILL BE DENIED ALIMONY.

LEGAL NOTICE

Notice is hereby given that a li-cense number 1287074 for onpremises liquor has applied for by DARIO RES-TAURANT CORP DEA EL VALLE RES-TAURANT to sell onpremises liquor at retail in a RESTAURANT under the Alcoholic Beverage Control Law at 733A E TREMONT AVE, BRONX NY 10457 for onpremises consumption.

LEGAL NOTICE

Notice is hereby given that an order entered by the Supreme Court, Bronx County on the 11th day of June, 2015, bearing Index No.: 2604-94/2015, a copy of which may be examined at the office of the Clerk located at 851 Grand Concourse, Room 118, Bronx, NY 10451 (1.866.797.7214 phone), grants me the right to assume the use of CYNTHIA BERNADETTE CHARLES. My present address is 140 Elgar Place Apartment 8E, Bronx, NY 10475; My present name is Cynthia Agnes Charles.

LEGAL NOTICE

NOTICE OF SALE STATE OF NEW YORK EXECUTIVE DEPART-MENT OFFICE OF GENERAL SERVIC-ES. SALE OF REAL PROPERTY. Pursuant to Section 33 of the Public Lands Law and Findings of the Commissioner of General in the Executive Department of the State of New York dated July 8, 2015, I shall offer for sale at public auction all the right, title and interest of the People of the State of New York in and to the following improved parcels, at the place and time indicated or at such other place and time to which the sale may be adjourned: All those certain pieces or parcels of land with improvements, located in the Borough and County of Bronx: Place of Auction: Justice Sonia Sotomayor Community Center 1000 Rosedale Avenue Bronx, New York 10472. Date and Time of Auction: Wednesday, September 2, 2015 at 12:00 Noon. Parcel 1: 1790 Marmion Avenue, Bronx, New York 5,721± Square Foot 3-Story Building on a 6,933± Square Foot Lot. Identified on the Bronx County Tax Map as Block 2957, Lot 19. Minimum Bid:

\$380,000.00. Deposit: \$38,000.00 in certified check or bank draft only, and made payable to the "Commissioner of General Services," or the bidder. Additional Deposit: A non-refundable amount which, with the initial deposit, constitutes 10% of the successful bid, said amount is payable within ten business days of notification of acceptance of bid. Parcel 2: 849 Crotona Park North, Bronx, New

York 5,325± Square Foot 3-Story Building on a 3,505 Square Foot Lot. Identified on the Bronx County Tax Map as Block 2957, Lot 15, Minimum Bid:

\$380,000.00. Deposit: \$38,000.00 in certified check or bank draft only, and made payable to the "Commissioner of General Services", or the bidder. Additional Deposit: A non-refundable amount which, with the initial deposit, constitutes 10% of the successful bid, said amount is payable within ten business days of notification of acceptance of bid. Balance Due (all sales): 120 days after notification of acceptance of bid. Broker's Commission (all sales): A five percent broker commission will be paid by the State of New York to a qualified real estate broker who represents the successful bidder. Bidder and Broker Affidavits must be submitted to the Office of General Services, Legal Services, by close of business 4:00 p.m. on Friday, August 28, 2015. Other important terms and conditions are applicable to this sale, including, but not limited to bond defeasance, broker commission and pre-registration, bidder pre-qualification, auction bidding through authorized representative, and forfeiture and default provisions. See Public Lands Law Section 33 as well as 9 NYCRR § 276. To obtain a copy of the Contract of Sale with applicable terms and conditions, together with a copy of a more detailed description of the premises, call (518) 474-2195 or write to: State of New York, Office of General Services, Bureau of Land Management, 26th Floor, Corning Tower, The Governor Nelson A. Rockefeller Empire State Plaza, Albany, New York 12242. Web site: www.ogs.ny.gov NEW YORK STATE OFFICE OF GENERAL SERVICES. Dated: July 8, 2015. By: RoAnn M. Destito Commissioner.

LEGAL NOTICE

DIVORCE SUMMONS ΒY PUBLICATION AND MAILING Docket No. SU15D1298DR Commonwealth of Massachusetts The Trial Court

Probate and Family Court Jessica Feli-Gomez

VS.

Osiris R. Feliu-Gomez Suffolk Probate and Family Court

24 New Chardon Street

Boston, MA 02114 To the Defendant:

The Plaintiff has filed a Complaint for

Divorce requesting that the Court grant a divorce for irretrievable breakdown of the marriage pursuant to G.L. c. 208 Sec. 1B

The Complaint is on file at the Court.

An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of either party. See Supplemental Probate Court Rule 411.

You are hereby summoned and required to serve upon:

Jessica Feli-Gomez

72 Fayston St., Unit 1

Dorchester, MA 02121

your answer, if any, on or before 09/17/2015. If you fail to do so, the court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer, if any, in the office of the Register of this Court

Witness, Hon. Joan P. Armstrong, First Justice of this Court Date: June 29, 2015

BTR

LEGAL NOTICE

NOTICE OF SALE SUPREME

BRONX COURT: DEUTSCHE COUNTY. BANK TRUST COMPANY, AS NATIONAL AS TRUSTEE CERTIFICATEHOLDERS OF THE FIRST FRANKLIN MORTGAGE LOAN 2006-FF13, MORTGAGE TRUST PASS-THROUGH CERTIFICATES SERIES 2006-FF13, Pltf. vs. LORAINE Y. MILLER A/K/A LORRAINE Y. MILLER al, Defts. Index et #35334/2013. Pursuant to judgment of foreclosure and sale dated May 13, 2015, I will sell at public auction in 600 of the Bronx County Room Courthouse, Bronx, NY on Monday, Aug. 17, 2015 at 2:00 p.m., prem. k/a 3365 Radcliff Avenue, Bronx, NY a/k/a Block 4634, Lot 61. Approx. amt. of judgment is \$433, 208.97 plus costs and interest. Sold subject to terms and conditions of filed judgment and terms of sale. BIANKA PEREZ, Referee. FRENKEL LAMBERT WEISS WEISS WEISMAN & GORDON, LLP, Attys. for Pltf., 53 Gibson St., Bay Shore, NY. File No 62094- #86391

LEGAL NOTICE

Nationstar Mortgage LLC D/B/A

MARY JULIUS; et

2 Summit Court, Suite 301,

Pursuant to judgment of foreclosure

and sale granted herein on or about

June 2, 2015, I will sell at Public Auction

to the highest bidder at The Bronx

County Courthouse, Room 600, 851

Premises known as 1489 EAST

ALL that certain plot, piece or parcel

land, with the buildings and

As more particularly described in the

Sold subject to all of the terms and

Approximate amount of judgment

conditions contained in said judgment

improvements thereon erected, situate,

lying and being in the Borough and County of Bronx, City and State of New

judgment of foreclosure and sale.

\$476,049.00 plus interest and costs.

Solomon Lesch, Esq., REFEREE

LEGAL NOTICE

WELLS FARGO BANK, N.A.:

Plaintiff(s) vs. FAUSTO REDROVAN; et al;

Attorney (s) for Plaintiff (s): ROSICKI, ROSICKI & ASSOCIATES,

Fishkill, New York, 12524, 845,897,1600

and sale granted herein on or about

January 15, 2015, I will sell at Public

Auction to the highest bidder at The

2 Summit Court, Suite 301,

Pursuant to judgment of foreclosure

COURT: BRONX

for Plaintiff

INDEX NO. 381290-13

NOTICE OF SALE

SUPREME

COUNTY

Defendant(s)

P.C.,

Grand Concourse, Bronx, NY 10451.

172ND STREET, BRONX, NY 10472

Block: 3862 Lot: 47

On August 17, 2015 at 2:00 pm.

for Plaintiff

Mortgage

ROSICKI, ROSICKI & ASSOCIATES,

Fishkill, New York, 12524, 845.897.1600

(s)

COURT: BRONX

Company;

al:

(s)

NOTICE OF SALE

SUPREME

COUNTY

Champion

Defendant(s)

Attorney

Plaintiff(s)

VS.

PC

of

York.

and terms of sale.

Bronx County Courthouse, Room 600, 851 Grand Concourse, Bronx, New York On August 17, 2015 at 2:00 pm.

To Place Your Ad Call 718-260-4595

Premises known as 1897 CROTONA AVENUE. BRONX. NY 10457-6401

Block: 2946 Lot: 38

ALL that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Borough and County of Bronx, City and State of New York known and designated as Block 2946 Lot 38 on the Bronx County Land and Tax Map.

As more particularly described in the judgment of foreclosure and sale.

Sold subject to all of the terms and conditions contained in said judgment and terms of sale.

Approximate amount of judgment \$743,738.65 plus interest and costs. INDEX NO. 380685/12

JOSEPH T. JEDNAK, ESQ.; REFEREE

LEGAL NOTICE

NOTICE OF SALE

SUPREME COURT - COUNTY OF BRONX

DEUTSCHE BANK NATIONAL TRUST COMPANY, AS TRUSTEE MORGAN STANLEY ABS CAPITAL I INC. TRUST 2006-HE8 MORTGAGE PASS-THROUGH CERTIFICATES, SERIES 2006-HE8,

Plaintiff(s),

Α а i n q S Index # 380456/11

JESUS MARIA DE LOS SANTOS. ELVIS BAEZ, ET AL.,

Defendant(s).

Pursuant to a Judgment of Foreclosure and Sale duly entered in the Bronx County Clerk's Office on 6/9/2015, I, the undersigned Referee will sell at public auction at Bronx County Courthouse, 851 Grand Concourse, Room 600, Bronx, NY on 8/24/2015 at 2:00 pm premises known as 708 Soundview Avenue, Bronx NY 10473, and described as follows:

ALL that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the County of Bronx, City and State of New York, and designated on the tax maps of the Bronx County Treasurer as Block 3597 and Lot 6.

The approximate amount of the current Judgment lien is \$718,277.80 plus interest and costs. The premises will be sold subject to provisions of the aforesaid Judgment of Foreclosure Sale:

If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney.

Allison Yvette Brockington, Esq., Referee

Leopold & Associates, PLLC, 80 Business Park Drive, Suite 110, Armonk, NY 10504

Dated: 7/2/2015 TMM

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LEGAL NOTICES

LEGAL NOTICE

NOTICE OF SALE

SUPREME COURT: BRONX COUNTY CHASE HOME FINANCE LLC;

Plaintiff(s) vs. WINSTON ISAAC; et al;

Defendant(s) Attorney (s) for Plaintiff (s): ROSICKI, ROSICKI & ASSOCIATES, P.C., 2 Summit Court, Suite 301, Fishkill, New York, 12524, 845.897.1600

Pursuant to judgment of foreclosure and sale granted herein on or about May 25, 2010, I will sell at Public Auction to the highest bidder at 851 Grand Concourse, Room 600, Bronx, NY 10451.

On August 10, 2015 at 2:00 pm. Premises known as 1519 Commonwealth Avenue, Bronx, NY 10460

Block: 3917 Lot: 42

ALL that certain plot, piece or parcel of land, with the building and improvements thereon erected situated, lying and being in the Borough and County of Bronx, City and State of New York, known and designated as part of Lot No. 110 in Block "C" on a certain map entitled, "Map of Property belonging to Hudson P. Rose, known as the Mages Estate, West Farms, New York City" filed in the Register's Office of the City and County of New York on February 16, 1896 under Map No. 430.

As more particularly described in the judgment of foreclosure and sale.

Sold subject to all of the terms and conditions contained in said judgment and terms of sale.

Approximate amount of judgment \$227,151.41 plus interest and costs. INDEX NO. 381130/08

FRANCIS J. APICELLA, ESQ., REFEREE

LEGAL NOTICE

NOTICE OF SERVICE OF PRO-CESS BY PUBLICATION STATE OF NORTH CAROLINA COUNTY OF NEW HANOVER IN THE DISTRICT COURT JUVENILE SESSION. FILE NO. 14 JT 82. IN THE MATTER OF: T.C.R. (dob: 15 September 2013). TO: JONATHAN CONCEPCION. PUTATIVE-FATHER OF T.C.R. Take notice that a pleading seeking relief against you has been filed in the above-entitled action. The nature of the relief being sought is as follows: Termination of all parental rights you have to T.C.R. You are required to make defense to such pleading within forty (40) days following Friday, July 17, 2015, which date is the date of first publication of this Notice. Upon your failure to do so, the party seeking service against you will apply to the Court for the relief sought. You have the right to attend this hearing and you have the right to be represented by counsel. You have been assigned Attorney Emily Counsel may be contacted at Jones. (910) 762-7771. YÓU ARE HEREBY NOTIFIED THAT A HEARING ON THE PETITION TO TERMINATE YOUR PA-RENTAL RIGHTS IS SCHEDULED FOR MONDAY, AUGUST 31, 2015, AT 9:30 A.M., or upon a date and time set thereafter, at the Office of Juvenile Justice, 138 N 4th Street, Wilmington, North Carolina, 28401. This the 13th day of July, 2015. Jennifer G. Cooke Attorney -New Hanover Co. Dept. of Social Services 1650 Greenfield Street Wilmington, NC 28401 PO Drawer 1559 Wilmington, NC 28402-1559 910) 798-3612

(910) 798-3772 * fax.

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LEGAL NOTICE

NOTICE OF SALE SUPREME COURT BRONX COUNTY First Franklin Financial Corporation Plaintiff against

Joslet Foster, et al Defendants

Attorney for Plaintiff(s) The Law Office of Fein, Such & Crane, LLP 28 East Main Street, Suite 1800, Rochester, NY 14614 Attorney (s) for Plaintiff (s).

Pursuant to a Judgment of Foreclosure and Sale Entered August 2nd, 2010

I will sell at Public Auction to the highest bidder at the Bronx County Courthouse, Room 600 at 851 Grand Concourse, Bronx, NY 10451 on August 24th, 2015 at 2:00 p.m. Premises known as 833 East 224th Street, Bronx, NY 10466. Sec None Block 4849 Lot 22. All that certain Plot, Piece or Parcel of Land, with the Buildings and Improvements thereon erected, situate, lying and being in the Borough and County of the Bronx, City and State of York Approximate Amount of New Judgment is \$411,060.62 plus interest and costs. Premises will be sold subject to provisions of filed Judgment Index No 380558/09

Robert I. Gardner, Esq. , Referee

LEGAL NOTICE

NOTICE OF SALE SUPREME COURT COUNTY OF BRONX, LOANCARE, A DIVISION OF FNF SERVICING, INC., Plaintiff, vs. TRINO PALACIOS, ΕT AL.. Defendant(s).

Pursuant to a Judgment of Foreclosure and Sale duly filed on October 24, 2014, I, the undersigned Referee will sell at public auction at the Bronx County Courthouse, Room 600, 851 Grand Concourse, Bronx, NY on August 10, 2015 at 2:00 p.m., premises known as 1147 Hoe Avenue, Bronx, NY. All that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Borough and County of Bronx, City and State of New York, Block 2745 and Lot 42. Premises will be sold subject to provisions of filed Judament Index # 381248/12.

Jeffrey Dinowitz, Esq., Referee Berkman, Henoch, Peterson, Peddy & Fenchel, P.C., 100 Garden City Plaza, Garden City, NY 11530, Attorneys for Plaintiff

LEGAL NOTICE

NOTICE OF SALE SUPREME COURT - COUNTY OF
BRONX
FREMONT INVESTMENT AND
LOAN.
Plaintiff,
Against
Index No.: 07-18570
JOSEPH O. AKOMODI, FATAI A.
AMOLAJA, MARY A. AKOMODI, ET
AL.,
Defendant(s).
Pursuant to a Judgment of
Foreclosure and Sale duly entered in
the Bronx County Clerk's Office on
10/1/2009, I, the undersigned Referee

will sell at public auction at the Bronx County Courthouse, 851 Grand Concourse Room 600, Bronx, NY on 8/10/2015 at 2:00 pm premises known as 752 East 216th Street, Bronx, NY 10467, and described as follows: ALL that certain plot, piece or parcel

BRONX TIMES REPORTER, JULY 31-AUG. 6, 2015

of land, with the buildings and

improvements thereon erected, situate, lying and being in the Borough of Bronx, County of Bronx, City and State of New York, and designated on the tax maps of the Bronx County Treasurer as Block 4663 and Lot 42.

The approximate amount of the current Judgment lien is \$620,552.20 plus interest and costs. Premises will be sold subject to provisions of filed Judgment of Foreclosure and Sale; Index # 07-18570.

Bianka Perez, Esq., Referee. SHELDON MAY & ASSOCIATES

Attorneys at Law, 255 Merrick Road , Rockville Centre, NY 11570

Dated: 6/19/2015 File Number: PB 27438

LEGAL NOTICE

NOTICE OF SALE SUPREME COURT COUNTY OF BRONX WELLS FARGO BANK, N.A., Plaintiff, against DIANE S. JUNGK, et al., Defendant(s). Pursuant to a Judgment of Foreclosure and Sale duly dated 5/12/2015 I, the undersigned Referee will sell at public at the Bronx County auction Courthouse, Room 600, 851 Grand Concourse, City of Bronx, NY on 08/31/2015 at 02:00PM, premises known as 1953 PAULDING AVENUE, Bronx, NY 10462 All that certain plot piece or parcel of land, with the buildings and improvements erected. situate, lying and being in the Borough of Bronx, County of Bronx, City and State of New York, BLOCK 4268, LOT 14. Approximate amount of judgment \$520,176.86 plus interest and costs. Premises will be sold subject to provisions of filed Judgment Index# . 380980/13. Jeanette Westphal, Esq., Referee Gross Polowy, LLC, Attorney for Plaintiff, P.O. Box 540, Getzville, NY 14068 1145366

LEGAL NOTICE

NOTICE OF SALE

SUPREME COURT OF THE STATE OF NEW YORK COUNTY OF BRONX

BOARD OF MANAGERS OF THE PARKCHESTER NORTH CONDOMINIUM, on behalf of the unit owners of the Parkchester North Condominium, Plaintiff, - against -

SHIPU AHMED, et. al., Defendants. Pursuant to a Judgment dated December 8, 2014, I will sell at public auction on August 10, 2015, at 2:00 p.m. in Room 600 of the Bronx County Courthouse, 851 Grand Concourse, Bronx, New York, the Condominium unit in the Parkchester North Condominium known as apartment 4F, in the building known as N-14 a/k/a 130, and by street address 1561 Metropolitan Avenue, Bronx, New York, and designated as Tax Lot 4206 in Block 3944 of Section 15 on the tax map of the Borough of Bronx, together with an undivided .0286 percent interest in the common elements of the Parkchester North Condominium. The amount due under the Judgment is \$12,809.84, with interest, costs, etc. Sale subject to terms of sale and provisions of the Judgment herein, including being subject to a mortgage held by Green Tree Servicing LLC, in the original principal sum of \$95,000.00 with interest. Index No. JOYCE A. BROWN 260446/14 WINLEY, ESQ., Referee

ROY, MONDELLO, LAROCCA & RISOTTO, ESQS. Attorneys for Plaintiff 828 South Broadway, Suite 100, Tarrytown, NY 10591 (914) 591-7722

LEGAL NOTICE

NOTICE OF SALE SUPREME COURT COUNTY OF BRONX HSBC NATIONAL BANK USA, ASSOCIATION, AS TRUSTEE FOR SG MORTGAGE SECURITIES TRUST 2006-FRE1, Plaintiff, against JOSEPHINE ALLI, et al., Defendant(s). Pursuant to a Judgment of Foreclosure and Sale duly dated 10/15/2014 I, the undersigned Referee will sell at public at the Bronx auction County Courthouse, Room 600, 851 Grand City of Bronx, NY on Concourse, City of Bronx, NY on 08/31/2015 at 02:00PM, premises known as 2578 Tenbroeck Avenue. Bronx, NY 10469 All that certain plot piece or parcel of land, with the buildings and improvements erected, situate, lying and being in the Borough and County of Bronx, City and State of York, Block 4462 Lot 36. New Approximate amount of judgment \$486,988.15 plus interest and costs. Premises will be sold subject to provisions of filed Judgment Index# 380918/09. Mohammad Ali, Esq. Referee Gross Polowy, LLC, Attorney for Plaintiff, 1775 Wehrle Drive, Suite 100, Williamsville, NY 14221 1146112

LEGAL NOTICE

NOTICE OF SALE SUPREME COURT COUNTY OF BRONX Wells Fargo Bank, N.A., Plaintiff, against Jocelyn Bonilla; et al., Defendant(s). Pursuant to a Judgment of Foreclosure and Sale duly dated November 1, 2010 I, the undersigned Referee will sell at public auction at the Bronx County Courthouse, 851 Grand Concourse Room 600 Bronx, New York on August 24, 2015 at 2:00PM, premises known as 1104 Olmstead Avenue, Bronx, NY 10472. All that certain plot piece or parcel of land, with the buildings and improvements erected, situate, lying and being in the Borough of Bronx, County of Bronx, City and State of NY, Block 3809 Lot 3. Approximate amount of judgment \$351,498.69 plus interest and costs. Premises will be sold subject to provisions of filed Judgment Index# 380088/08. Jeffrey Dinowitz, Esq. Referee Shapiro, DiCaro & Barak, LLC Attorney(s) for the Plaintiff 175 Mile Crossing Boulevard, Rochester, NY 14624 (877) 759-1835 Dated: June 26, 2015 1145131 7/24, 7/31, 8/7, 08/14/2015

LEGAL NOTICE

NOTICE OF SALE SUPREME COURT COUNTY OF BRONX OneWest Bank FSB, Plaintiff, against BRONX Fior Rodriguez, et al., Defendant(s) Pursuant to a Judgment of Foreclosure and Sale duly dated 12/23/2014 I, the undersigned Referee will sell at public auction at the Bronx County Courthouse, Room 600, 851 Grand Concourse, State of New York on 08/24/2015 at 02:00PM, premises known as 1764 Seward Avenue, Bronx, NY 10473 All that certain plot piece or parcel of land, with the buildings and improvements erected, situate, lying and being in the Borough and County of Bronx, City and State of New York, BLOCK: 3556, LOT: 33. Approximate amount of judgment \$743,233.20 plus interest and costs. Premises will be sold subject to provisions of filed Judgment Index# 382139/2009. David P. Lesch, Esq., Referee FRENKEL LAMBERT WEISS WEISMAN & GORDON, LLP Attorney for Plaintiff, 53 Gibson Street, Bay Shore, NY 11706 01-032672-F00 1145312

LEGAL NOTICE

NOTICE OF SALE SUPREME COURT COUNTY OF BRONX US BANK NATIONAL ASSOCIATION, AS TRUSTEE FOR CITIGROUP MORTGAGE LOAN TRUST 2007-WFHE2, ASSET-BACKED PASS-TIFICALLE, Plaintiff, againe, Plaintiff, againe, CAROLYN Trant(s). THROUGH CERTIFICATES, SERIES 2007-WFHE2, DEBORAH BERNARD, CAROLYN WATSON, et al., Defendant(s). Pursuant to a Judgment of Foreclosure and Sale duly dated 1/12/2015 I, the undersigned Referee will sell at public auction at the Bronx County Courthouse, Room 600, 851 Grand Concourse, City of Bronx, NY on 08/24/2015 at 02:00PM, premises known as 3315 BARKER AVENUE, Bronx, NY 10467 All that certain plot piece or parcel of land, with the buildings and improvements erected, situate, lying and being in the County of Bronx, City and State of New York, BLOCK: 4622 LOT: 53. Approximate amount of judgment \$668,002.26 plus interest and costs. Premises will be sold subject to provisions of filed Judgment Index# 18923/07. Joseph Strasburg, Esq., Referee Gross Polowy, LLC, Attorney for Plaintiff, P.O. Box 540, Getzville, NY 14068 1145365

LEGAL NOTICE

SUPREME COURT - COUNTY OF BRONX

CITIMORTGAGE. INC... Plaintiff against PAUL MALDONADO, et al Defendant(s). Pursuant to a Judgment of Foreclosure and Sale entered herein and dated May 4, 2015, I, the undersigned Referee will sell at public auction at the Bronx Supreme Courthouse, Room 600, 851 Grand Concourse, Bronx, NY on August 24, 2015 at 2:00 PM premises

situate, lying and being in the Borough of Bronx, City and State of New York, bounded and described as follows: BEGINNING at a point on the southerly side of Patterson Avenue, distant 75 feet Easterly from the corner formed by the intersection of the southerly side of Patterson Avenue with the Easterly side of Beech Avenue; being a plot 100 feet by 25 feet by 100 feet by 25 feet.

Said premises known as 1806 PATTERSON AVENUE, BRONX, NY

Approximate amount of lien \$ 360,744.60 plus interest & costs.

Premises will be sold subject to provisions of filed Judgment and Terms of Sale.

If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor. the Mortgagee or the Mortgagee's attorney.

Index Number 380659/2012.

HEDDYEH P. BROUMAND, ESQ., Referee

Sweeney, Gallo, Reich & Bolz, LLP Attorney(s) for Plaintiff 95-25 Queens Blvd, 11th Floor,

Rego Park, NY 11374

{* BRONX TIME, NYLJ*}

AMVETS need Sandy repair money

From page 1

building's rear northern wall, washing away into Eastchester Bay all of Post 38's files and documents as well as the first floor stove, refrigerator, freezer, tables and chairs, while crippling the boiler.

The monster storm also decimated their fence, undermined their patio and caused major structural damage to their seawall.

For safety reasons, the FDNY shut off the gas to the building which was left standing with only three full walls and rendered completely uninhabitable.

The storm's aftermath quickly depleted Post 38's savings.

A \$25,000 loan was offered to them by a sister veterans post to begin repairs.

Post 38 was able to repair the back wall of their building, install new ground floor windows, reconstruct the fence, establish temporary support for the seawall and have their electric service returned, but not their gas service

According to Commander Walter Rau he said another \$75,000 would be needed for all repairs to be completed and was not asking that the government fund all of the restoration project



Assemblyman Michael Benedetto meet with AMVETS Post #38 commander Walter Rau (c) and AMVETS post members on Wednesday, July 22 to call on the DASNY to release the \$50,000 state grant he allocated to help the post recover from the effects of Superstorm Sandy.

Community News Group / Photo by Patrick Rocchio

for a veterans organization for veterans who have served their country," the commander said.

Post 38 contacted their local elected officials and received assurances that a state grant could be obtained to repair the building and rebuild the seawall

The post completed the qualifying procedures through DASNY using the New York Grants Gateway System, but "This is the least that you can do as of press time no funds have been

dispersed and the post has already spent about \$40,000 worth of the grant that they would like to 'draw down' or be reimbursed for.

Sclafani added, that through the help of Kenneth Kearns, district manager of Community Board 10 and Pat Simone of Hutchinson-Metro Center, an electrician was secured who will work with the post and Con Edison to have power restored as soon as possible.

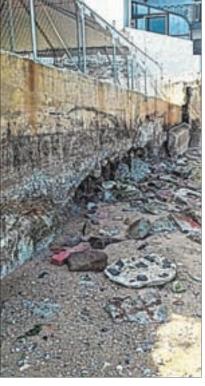
On Sunday, July 26, Commander Rau completed a full Ironman triathlon in Lake Placid which included a 2.4 mile swim, a 112 mile bike ride followed by a 26.2 mile run to help raise funds to rebuild the post.

Approximately \$8,000 was raised through that effort.

Commander Rau and AnnMarie Bovino, AMVETS Ladies Auxiliary president, said they received donations from local business such as Metro Optics Eyewear, Loretta's Pizza, Louie's Seafood, S & D Caterers, Crosstown Diner, Louie & Ernie's Pizza, Alex Beauty Bar and Salon and Modern Fruit, among others, and fellow veterans posts.

John Bonizio, Metro Optics owner and general manager, said both he and founder, Michael Ungaro, a Vietnam veteran who was in the Special Forces, were happy to help the post.

Rau said the post is not eligible for Federal Emergency Management



Corporal Walter J. Fufidio AMVETS Post 38's seawall still bears battle scars from Hurricane Sandy. Photo courtesy of Maria Sclafani

Agency funding because the facility is a non-profit and not a private entity.

If interested in making a donation contact Bovino at (914) 953-7556 or email Commander Rau at nypost38@ optonline.net.

Native American artifacts discovered

From page 1

the belief is that the Algonquian. Unkechaug and Shinnecock tribes have a close relation to the tribe who used these archeological items.

"Since time immemorial and continuing to present day, the Algonquian peoples have lived along the coastline from the northernmost reaches of New England to south eastern New York. including Long Island," said Gonzalez, who was highly interested in the discovery.

"Closest to (the Bronx and Pelham Bay Park), the Unkechaug and Shinnecock people continue to live on their traditional territories in eastern Long Island. These traits are very similar and closely match with the tribe or tribes who made this area their home and possessed these artifacts," she added.

Gonzalez also noted that the recent findings in the Bronx remind its residents that the land of the borough has a further history than when Swedish sea captain Jonas Bronck becoming the first settler in the Bronx in 1639 or when the Bronx was named one of NYC's five boroughs in 1898.

"The extraordinary archeological discovery at Pelham Bay Park, which is over 2,500 acres, is a reminder to (Bronx residents) that we are not the first people to live here. In present day, many of us seek to honor this Native American legacy."

The Landmarks Preservation Commission said that the artifacts recovered at the site will be stored in the New York City Archaeological Repository in midtown Manhattan, a central climate-controlled space that houses the city's archaeological collections which is overseen by the agency.

Construction of the Pelham Bay Waterfront Development Project has been formally placed on hold while the site is protected by the Parks Department.

Both Friends of Pelham Bay Park and the LPC did not disclose the exact location of the find to avoid looting.

They encourage everybody to join them in safeguarding the location by avoiding even well-intentioned viewing or exploration.

The artifacts have since been covered up



from the Pelham Bay Park find.



Chert projectile points were found. Photos courtesy of Chrysalis Archaeological Consultants, Inc. site.

BRONX TIMES REPORTER, JULY 31-AUG. 6, 2015

(Above) Pieces of ceramics or pottery from the Pelam Bay Park find. (Below) Pieces of ceramics or pottery



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CNG BRONXTimes

Mood-boosting food

We all know how important a healthy diet is during pregnancy for both the mother and her developing baby. However, a mom's diet after the baby is born is rarely discussed.

"After childbirth the mother is recovering physically from labor," said Rebecca Ditkoff, a registered dietitian at St. Barnabas Hospital. "A new mom also requires extra energy to take care of both herself and her baby, especially if she is breastfeeding. Diet plays a significant role on mood and energy levels during this time."

Ditkoff offers the following five tips on foods to help women stay healthy and energized:

1. Avoid skipping meals: When busy taking care of a new baby it can be easy for new mothers to forget to take care of their own needs, like eating, says Ditkoff. However, it is really important to avoid skipping meals. "Try to plan ahead and stock your pantry and fridge with healthy snacks such as nuts, yogurt and frozen fruit," she recommends.

2. Don't skimp on the protein: "Eating small amounts of protein throughout the day helps keep blood sugar levels even and moods stable," she said. "Women who are breastfeeding require almost twice as much (approximately 71 grams per day) as non-breastfeeding women (approximately 46 grams per day). To get more protein in your diet, try having eggs for breakfast, grilled chicken over salad or a turkey sandwich, and yogurt or cheese and crackers for a snack."

3. Drink enough water: Dehydration can cause fatigue and even anxiety, she said, which is why she encourages new moms to drink at least eight cups of water per day. "Be proactive and don't wait until you feel thirsty since you may already be dehydrated at this point," she says. "This is especially important in the early days of breastfeeding because nursing dehydrates you. If you're breastfeeding, make sure to drink a glass of water at every feeding."

4. Limit sugar: Think sugar gives you energy? Think again, says Ditkoff. "Too much sugar may give you a sugar rush initially, but soon after will leave you feeling more tired and sluggish than before." She urges new moms to try to avoid foods that contain added sugar, instead treating their sweet tooth to natural sugars from fruit – or having a small piece of dark chocolate, which may increase serotonin levels in the brain and improve mood.

5. Don't forget about the healthy fats: Omega-3's!

Omega-3's are healthy polyunsaturated fats found in fatty fish (such as salmon), soybeans and some nuts and seeds. "Omega-3s promote heart health," says Ditkoff. "They also make up part of the brain that helps regulate mood and have a reputation for lifting mood and boosting memory."

LEGAL NOTICES

LEGAL NOTICE

SUPREME COURT - COUNTY OF BRONX

NYCTL 1998-2 TRUST AND THE BANK OF NEW YORK MELLON, AS COLLATERAL AGENT AND Plaintiffs CUSTODIAN against NAREEMA BAKSH, et al Defendant(s). Pursuant to a Judgment of Foreclosure and Sale entered herein on June 19, 2015, I, the undersigned Referee will sell at public auction at the Bronx Supreme Courthouse, Room 600, 851 Grand Concourse, Bronx, NY on August 24, 2015 at 2:00 pm premises situate, lying and being in the Borough of the Bronx, County of Bronx, City and State of New York, known and designated as Block 3741 and Lot 66 on the Bronx County Tax Assessment Map.

Said premises known as 1129 WARD AVENUE, BRONX, NY Approximate amount of lien \$

6,956.07 plus interest & costs. Premises will be sold subject to

provisions of filed Judgment and Terms of Sale.

Index Number 260553/2013. PHILIP W. COLEMAN, SR., ESQ. Referee

Phillips Lytle LLP Attorney(s) for Plaintiffs 28 East Main Street, Suite 1400, Rochester, NY 14614

{* BRONX TIME, NYLJ*}

LEGAL NOTICE

SUPREME COURT - COUNTY OF BRONX

NYCTL 1998-2 TRUST AND THE BANK OF NEW YORK MELLON, AS COLLATERAL AGENT AND Plaintiffs CUSTODIAN, against PROSPECT TREMONT CORP., et al Defendant(s). Pursuant to a Judgment of Foreclosure and Sale entered herein on June 23, 2015, I, the undersigned Referee will sell at public auction at the Bronx Supreme Courthouse, Room 600, 851 Grand Concourse, Bronx, NY on August 24, 2015 at 2:00 pm premises

situate, lying and being in the Borough of Bronx, City and State of New York, known as designated as Tax Map was on 09/20/1977 Section 10, Block 2666 Lot 60.

Said premises known as EAST 160TH STREET, BRONX, NY

Approximate amount of lien \$ 4,036.02 plus interest & costs.

Premises will be sold subject to provisions of filed Judgment and Terms of Sale.

Index Number 301185/2013. MARIA-ROSE SAMMARCO, ESQ., Referee

Phillips Lytle LLP

Attorney(s) for Plaintiffs

28 East Main Street, Suite 1400, Rochester, NY 14614 {* BRONX TIME, NYLJ*}

LEGAL NOTICE CITATION File No. 2014-1304

SURROGATE'S COURT, BRONX COUNTY

THE PEOPLE OF THE STATE OF NEW YORK, By the Grace of God Free and Independent

To: Attorney General of New York State and the Public Administrator of Bronx County and to the unknown heirs at law, and next of kin of MIRIAM POLLACK, Deceased, if they by living, and if they be dead, to their Executors, Administrators, Creditors, and lienors, their husbands or wives or successors in interest

A petition having been duly filed by Solomon Juravel who is domiciled at 7 Fosse Court, Monsey, New York 10952

YOU ARE HEREBY CITED TO SHOW CAUSE before the Surrogate's Court, Bronx County, at 851 Grand Concourse, Room 406, Bronx, New York, on September 22, 2015 at 9:30 o'clock in the forenoon of that day, why a decree should not be made in the estate of Miriam Pollack, lately domiciled at 2540 Barker Avenue, Apartment 5C, Bronx, New York 10467, United States, admitting to Probate a Will dated August 30, 2012, a copy of which is attached, as the Will of Miriam Pollack, deceased, relating to real and personal property, and directing that: Letters Testamentary issue to Solomon Juravel

Dated, Attested and Sealed, July 21, 2015. Hon. Nelida Malave-Gonzalez,

BTR

Surrogate. Michael P. Hausler, Chief Clerk. Joseph Klein, Esq. (212) 495-8133. Korsinsky & Klein, LLP, 2926 Avenue L, Brooklyn, New York 11210.

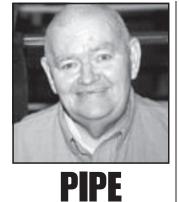
NOTE: This citation is served upon you as required by law. You are not required to appear. If you fail to appear it will be assumed you do not object to the relief requested. You have a right to have an attorney appear for you.

LEGAL NOTICE

SUPREME COURT OF THE STATE OF NEW YORK COUNTY OF BRONX INDEX NO. 35435/2014E. NOTICE TO ABSENT DEFENDANTS. STATE OF NEW YORK TO: Kim Marie Gervasi a/k/a Kim Marie Gervasi Vanzandt and Raul Salazar. You are hereby summoned and required to serve upon Norris, McLaughlin & Marcus, PA, plaintiff's attorneys, whose address is 875 Third Avenue, 8th Floor, New York, New York 10022, an answer to the verified complaint in a civil action in which ARS Investors II 2012-1 HVB, LLC is plaintiff and 1314 Blondell Ave. Corp. a/k/a 1314 Blondell Avenue Corp., and others, including you, are defendants pending in the Supreme Court of New York, Bronx County within 30 days after August 14, 2015 exclusive of said date. If you fail to do so, judgment by default may be rendered against you for the relief demanded in the verified complaint. This action has been instituted for the purpose of foreclosing a mortgage and recovering possession of the lands and premises described in a mortgage dated January 4, 2005, recorded in the Office of the City Registrar of the City of New York on January 25, 2005 under CRFN 2005000045102, made by 1314 Blondell Ave. Corp. a/k/a 1314 Blondell Avenue Corp. ("1314 Blondell") to Hudson Valley Bank, N.A. and covers real estate located at 1314 Blondell Avenue, Bronx, New York. Plaintiff is the holder of the Mortgage by way of an Assignment recorded on June 28, 2012 in the Office of the City Registrar of the City of New York under CRFN 2012000256276. You, Kim Marie Gervasi a/k/a Kim Marie Gervasi Vanzandt are made a defendant because on January 4, 2005 you and others executed a Commercial Guaranty in favor of HVB by which you guaranteed all monies due under the Note and Modification Agreement, which is secured by the mortgage. To the extent, the value of the mortgaged premises is insufficient to satisfy the amounts due under the Note, Plaintiff seeks a deficiency judgment against you. You, Raul Salazar are made a defendant because you hold a judgment against 1314 Blondell in the amount of \$1,278,347.50, which judgment was docketed in the City Registrar of the City of New York's Office on September 13, 2010 under control number 001276849-01. This lien or other interest in the Mortgaged Premises is subsequent and/or subordinate to the mortgage being foreclosed herein. You are named hereto for the purposes of terminating your interest in the mortgaged premises. Dated: July 9, 2015

Bronx Sports

"I would never say cancer is my lowest moment. Cancer has kind of been my greatest moment. My vision was blurry to life and cancer definitely made me get 20/20 vision."



DREAMS

By Bob Connolly

At 7-foot-2, Porzingis has

also made an impact on de-

fense, blocking 1.8 shots while

playing 20.5 minutes per game. New York has outscored

its opponents by 7.6 points per

48 minutes with Porzingis on

rebounding numbers (3.2

per game) have been under-

whelming, Porzingis hasn't

been afraid of contact and has

shown an ability to get to the

free throw line. He has taken

24 free throws on just 25 field

goal attempts for a FTA/FGA

A-Rod's Changing Role

wrote, "There is an accep-

tance now with Alex Rodri-

guez. In his own clubhouse,

he is one of the guys with his

teammates. He is like a big

brother they can tease but

Star break, the story is moving to the next phase. Instead

of if Rodriguez is accepted

and somewhat productive in

his return from the largest

performance-enhancing drug

suspension in major league

history, it is: Can he continue

to be one of the leaders to re-

Continued on Page 63

turn the Yankees to the play

So now, after baseball's All-

Andrew Marchand (ESPN)

While the 19-year-old's

games.

the floor.

ratio of 0.96.

still respect.

TRISTAN DILLON63 Legendary Coach Cole reinvigorated by Pro City

BY PATRICK MCCORMACK

Legendary coach Maxwell "Bingo" Cole was about to step away from the New York City streetball sidelines after last summer. A call from Pro City CEO Ray Diaz changed that.

"It's funny I spoke to a cou-

Porzingis ple of players and told them last year was going to be my last coaching the Bingo All-Star's," the 49-year-old Cole said. "Ray Diaz called and said 'Bing would you like to Ian Begley (ESPN) wrote, play in Pro City? We have a "Kristaps Porzingis has shown encouraging signs spot for you.' I said, 'Ray you in the Las Vegas Summer just took me out of retirement. League. The No. 4 overall pick That has been my dream all is averaging 10.5 points on this time to come and coach 48 percent shooting in four in Pro City."

The berth in the top tournament in the city is one the "Godfather of Streetball" has been trying to get into for years and asked Diaz two other times to get in before this season.

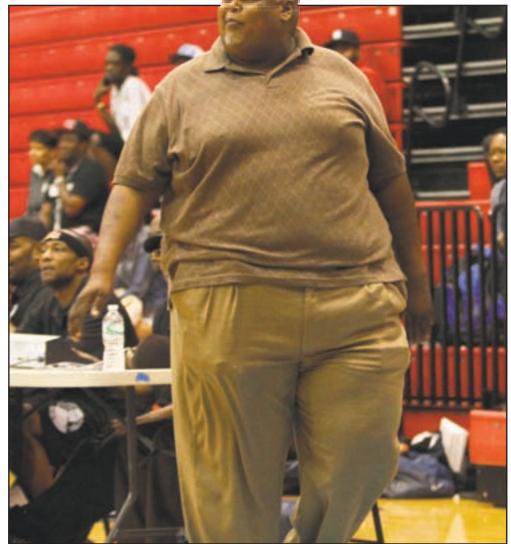
"I always try to get in," Cole said. "One thing about this tournament is its prestige and you have to have an invite. Ray has been loyal to his teams, so everybody has to wait their turn. I guess it was God's blessing that it was my turn this year.'

Cole, a South Bronx native, started coaching AAU ball for Riverside Church when former Rice stars and Bronx natives Anthony Glover and Keydren Clark were 12-13 years old. That coaching was for fun to help the kids reach college and after that his career took off.

"I was just doing it for fun at one point then it just blew up," Cole said.

Glover and Clark, both in their 30s now, have been regulars on his streetball teams are helping him adjust to his first season in Pro City.

"This is a different type of style of play," Cole said. "This is actually a professional game. Long time 48 minutes. They help me through the difference between Pro City and



Legendary streetball coach Maxwell 'Bingo' Cole put off retirement to chase a Pro City title.

Photo by Steven Schnibbe

streetball. Having them on my team is big for me right now."

Clark, who has played in Pro City for five years with Big Apple Basketball, switched teams this season to play for his long time coach.

"To be in this tournament with Bingo and the Bingo All-Star's playing with my friends I played with the last 8-10 years is a honor and something he deserves and we are going to do everything we can to get him a championship,' Clark said.

BTR

Star's sit at 5-1 and are close to the top in the Pro City standings. Diaz is happy to have Cole as part of his league not and feel it only add to the prestige of playing in it.

"Bingo is a legendary coach in New York City basketball," Diaz said. "He has a tremendous amount of experience. For us it was a tremendous opportunity to bring him in and elevate the quality of players in our league."

Winning the league championship is one that will rank don't have a timetable," Cole This season Bingo's All- at top of his long list of accom- said. "I am here."

plishments. Cole has won a Nike Tournament of Champions crown and also grabbed titles at Hoops in the Sun and Dyckman.

"It well rank number one on my list," Cole said.

Cole went from retirement to coaching in the tournament of his dreams. He is only in one other tournament this season at EBC Rucker. Now that he is in Pro City retirement isn't even a thought.

"Now I am in Pro City I

BRONX TIMES REPORTER, JULY 31-AUG. 6, 2015 59



60 BRONX TIMES REPORTER, JULY 31-AUG. 6, 2015



Ball4Tris fundraises for St. Ray cancer-stricken alum

BY LAURA AMATO

Steve Pierre Saint had to do something.

Anything.

He couldn't sit still. Not anymore

So, Pierre Saint made some calls. He cleared his schedule. He booked the gym and organized the firstever "Ball4Tris" event last weekend at St. Raymond High School. It's goal was to raise money for the medial bills of his former Ravens hoops teammate Tristan Dillon who had been diagnosed with colon cancer in May.

"Originally we wanted to bring everybody out, the alumni at St. Raymond's and the original motive was like a reunion," said Pierre Saint, who graduated from St. Ray's in 2010. "Then we found out our brother was diagnosed with cancer, so this was an extra push for us and extra motivation to keep things pushing further."

The event, held over two afternoons on July 25 and 26 brought together nearly 80 of the school's basketball alumni and friends of Dillon. The event raised more than \$1,300. Further help can be given through a GoFundMe account called Tristan's Fight Against Cancer that is at close to \$5.000.



Tristan Dillon (c.) posesed with Justin Dillon (I.) and Steve Pierre Saint right at the Ball-4Tris event at St. Raymond last weekend.

Photo by Laura Amato

There were trophies to be won and some glory to be claimed, but in the end, it was all about Dillon.

For his part, Dillon was more than a little overwhelmed by the entire weekend. The 22-year-old Bronx native called the four years he spent at St. Raymond the greatest of his life, adding that he was surprised by the turnout the event drew.

think I deserved such a big honor like this," Dillon said. "I didn't think it was going to be this big. But I definitely thank God for the turnout."

It hasn't been an easy road for Dillon since his diagnosis.

He spends two and a half hours at Sloan Kettering Hospital for chemotherapy treatment every two weeks and goes home with a bag attached to his side for two more days to continue the treatment at home.

But still, he says cancer has not been his darkest moment. Instead, cancer has opened Dillon's eyes to the world and he has also was compelled to do something just like Pierre Saint.

Dillon created his own non-profit organization, "No Battle Should Be Fought Alone," shortly after he was

"I was very shocked, I didn't diagnosed. It raises money for fellow patients who don't have as much support as he does and donates to St. Jude's Children's Hospital and the American Cancer Society with the sale of custom-made t-shirts. They were able to be purchase at the Ball-4Tris event.

"I would never say cancer is my lowest moment," he said. "Cancer has kind of been my greatest moment. I know that might sound weird, but my vision was blurry to life and cancer definitely made me get 20/20 vision."

There was, eventually, a tournament winner. This was, after all, a competition and it's nearly impossible for former high school standouts to turn that off.

But it was also about more than that. It was about doing something.

"St. Raymond's is very community oriented, family oriented. So I wasn't



Velocity Track Club New York 8 & under girls (Dakota Hickman, Kimaris Hickman, Brianna Burrell & Saniah Caldwell) 4x100 meter relay team sporting their gold medals from the UAGTCA (United Age Group Track Coaches Association) Invitational.

Velocity Track Club New York highlights

WINSTON DINKINS

On Friday, July 17th Velocity Track Club New York traveled with 17 athletes to the John A. Farrell Stadium in West Chester, Pennsylvania to compete in the UAGTCA (United Age Group Track Coaches Association) Invitational. This was a three day meet with most of the best teams throughout the east coast. It was also a great tune up for the 2015 AAU (Athletic Amateur Union) Junior Olympic Games on August 2nd - 8th. Medals were given to the top 8 athletes in their division, event and gender. I'm pleased to note that we earned 27 medals!

The following athletes that won medals were: Daijon James (javelin, shot put & discus) Dontae Lindo (1500 meter), Olyvia Burrell (long jump), River Sampson (100 & 200 meter dash), Jaelah Eagle (200 meter hurdles), Cailyn White (shot put), Dakota Hickman (100 & 200 meters dash & 4x100 relay), Kimaris Hickman (200 & 400 meter dash & 4x100 relay), Brianna Burrell (long jump & 4x100 meter relay), Saniah Caldwell (4x100 meter relay), Danielle Jackson (100, 200 & 400 meters

dash), Dominique Jackson (100, 200, & 400 meters dash), Darius Gordon (2000 meter steeplechase). Jordan Samuels (200 meter hurdles) and Nariah Mathis 100 & 200 meters dash. Plus in the team rankings, our 8 & under girls division took 3rd place over all! Great job VTC!!!

Velocity Track Club New York will be having its semi-annual orientation on Friday, August 21st at 7:00pm in the Bartow Community Center, room 28. If you know a child between the ages of 6 & 16 that is interested in track & field please have parent attend orientation.

On Saturday, August 22nd VTC will be hosting races at the Section 5 Fun Day, Co-op City. There will also be additional games, music, entertainment, giveaways and food. The event starts at 12:00.

Velocity Track Club New York is a 501C3 Non for profit. 100% of your donation will go to help our children. For additional information, you can go to our web site Velocitytrack.org or contact me, Coach Winston Dinkins at 914-441-6196 or email me at watclt@aol. com.

Pipe Dreams: JPP; The "Fail-ees"

from Page 59

offs for the first time since 2012?

of the season, Rodriguez was front and center again, unlocking a tie score in the seventh with an opposite-field solo homer into the Yankees' bullpen. It made it 4-3, which ended up being the final score in a win over the Mariners.

JPP

Until Jason Pierre-Paul suits up and actually gets on a field, it will remain to be pure conjecture about his condition and how he'll do. He's already said that he won't be in camp until he signs his deal. So, let's wait until all of that transpires before we jump to any conclusions.

The "Fail-ees"

The Sports Curmudgeon wrote the Philly baseball team, "The Phillies need to find a way to "goose attendance" and I have an idea for them to consider:

The Phillies need to hire a new manager next year. It will not matter whom they hire; the team is going to be bad again next year. So, maybe the idea would be to hire a manager who would – by his presence – generate interest in the team. Remember, one can generate interest in a positive or a negative way; and with that in mind,

perhaps they should consider hiring ... Ozzie Guillen.

Ozzie will not make the Phillies On Friday, to begin the second half into contenders but he will get people in Philly talking about and paying attention to the Phillies."

The Mets hired Casey Stengel as their first field manager. The suits knew that the team was going to be terrible and decided to deflect the ire of the fans by letting Stengel describe the teams play and he had fans calling them "the loveable Mets" while recalling the daffy Dodgers of old.

Comeback

ESPNNY.com reported, "Baron Davis is attempting an NBA comeback.

The two-time All-Star, out of basketball since suffering a serious knee injury during the 2012 playoffs, said Tuesday he is eyeing a return to the league this season.

Davis, 36, is a 13-year veteran of the league with career averages of 16.1 points and 7.2 assists per game. But his numbers dropped significantly in 2011-12 while a member of the New York Knicks, as he averaged just 6.1 points and 4.7 assists in 29 games.

Then, in the playoffs, he suffered a partial tear of the patella tendon in his right knee and complete tears of the right ACL and MCL.

Ravens point guard Washington building off strong finish

BY JOSEPH STASZEWSKI

Isaiah Washington was tired of other people making excuses for him.

The St. Raymond point guard and his team struggled midway though his sophomore season last year. During that time all he heard was how he was too young, too inexperienced and not ready in his first varsity season. Washington eventually proved them all wrong late in the year. He matured, adjusted and grew into the player he was billed to be.

"I had to show them I could play," Washington said.

The 6-foot guard averaged 17 points and seven points over the Raven's final seven games. He scored a team-high 22 points to lead them to a CHSAA Archdiocesan semifinal victory over rival Cardinal Hayes and a spot in the title game.

"I started taking things serious," Washington said. "I thought it was going to be easy. I decided to become more of a leader and that's how was started winning some games."

His on-court transformation was largely in part to a change in his mindset. Washington's quickness and explosive first step have given him a natural scorer's mentality. While there are times he can score at will,

he need to learn how to get his teammates better involved and raise their contributions as well. His growing trust in them and his determination to be more of a leader was rewarded.

"I told him learn how to make basketball plays," Lopez said. "He doesn't have to force thee pass, he doesn't always have to score. But it's all based on reads. I think he learned how to do that exceptionally well. He learned how to do that down the stretch for 11S.²

Washington has carried his high level of play into this summer and the July live recruiting period with his New Heights travel team. He was an all-tournament selection at the Pangos All-American Camp in late May and continues to pick up steam. He wants to show people he is one of the country's top guards.

Washington recently added scholarship offers from Rutgers and Iona to ones from St. John's Indiana, Minnesota and Providence. USF and New Mexico have also shown interest. He understands the extra attention brings some added pressure, but is enjoying the fruits of his labor so far.

"All the hard work is starting to pay off," Washington said.

Lopez just wants to see Washing-



Isaiah Washington of St. Ray's is catching the attention of some of the nation's top college hoops programs. Photo by Robert Cole

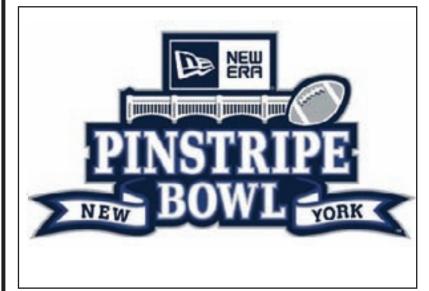
ton's decision-making get more consistent. Washington is also working on his jumper. His coach is confident his star point guard is going to continue to progress. Lopez continues to ask him how many assists he has whenever he sees them.

pass first, score later point guard we

will have success with him," Lopez said.

Washington expects the same, eying runs at city and state titles. He won't make any excuses or expect any made for him.

"No one is young anymore," Wash-"If he can be a more consistent ington said. "I believe without a doubt we are going to win."



Tickets for the 2015 New Era Leaders will have the oppor-Pinstripe Bowl — scheduled to kick off at Yankee Stadium at 3:30 p.m. on Saturday, December 26, pitting schools representing the Big Ten Conference and the Atlantic Coast Conference — will go on sale to the general public at www.pinstripebowl.com and www.ticketmaster.com on Thursday, July 23, at 10:00 a.m.

Yankees Season Ticket Licensees (Premium, Suite, Full and Partial), Yankees Universe members, and Yankees Group

tunity to take part in a special pre-on-sale beginning tomorrow, Tuesday, July 21, the details of which can be found at www.pinstripebowl.com.

MasterCard cardholders can take advantage of a special MasterCard exclusive preon-sale on Wednesday, July 22, starting at 10:00 a.m. and ending at 10:00 p.m. MasterCard is the preferred card of the New Era Pinstripe Bowl.

All fans purchasing tickets beginning on Tuesday, July 21,

Tickets for the 2015 New Era Pinstripe Bowl at Yankee Stadium are now on sale

through mid-November, are eli- leased in the near future. gible for "early bird" discount pricing.

The New Era Pinstripe Bowl has seen increased attendance in each of its first five years of existence. In 2014, a record sellout crowd of 49,012 saw Penn State defeat Boston College and establish the Bowl's highest alltime attendance figure.

This year will be the first time that ESPN will televise the New Era Pinstripe Bowl on ABC after carrying it for five years on ESPN (2010-14). ESPN Radio will also broadcast the game.

Special events, promotions and community outreach will take place throughout New Era Pinstripe Bowl week to once again create an unforgettable experience for fans, families, students and staff. An expanded trophy tour will see the George M. Steinbrenner Trophy visit various locations across New York City and Big Ten and ACC campuses leading up to the game. More details will be re-

BTR

For up-to-the-moment information regarding the game, fans are encouraged to visit www.pinstripebowl.com. the official website of the New Era Pinstripe Bowl, and follow the Bowl game's official Twitter and Instagram accounts – @ PinstripeBowl.

About the New Era Pinstripe Bowl

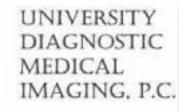
Established in 2010, the New Era Pinstripe Bowl has featured some of the most memorable moments in recent college football history. Known as "New York's Bowl Game," it is played at the world-renowned Yankee Stadium, which is home to the New York Yankees, New York City Football Club and many other sporting, cultural and business events. The 2015 New Era Pinstripe Bowl will take place on Saturday, December 26, at 3:30 p.m. on ABC, featuring participating schools from the Big Ten and ACC Conferences.

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Cervical spine	15 minutes	VS.	30 minutes
Lumbar spine	19 minutes	VS.	30 minutes
Knee	20 minutes	VS.	45 minutes
Shoulder	15 minutes	VS.	45 minutes





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